

# DEVON RACE DIARY 2008

XC = Cross Country M/T = Multi Terrain C = County Championship \* = Date to be confirmed

Issue 2 Jan 2008

## January

27	Braunton 10	Braunton	1100	10 Miles		Sunday	www.ndrr.ik.com
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## February

3	Fulfords GWR 5 Mile	Exmouth	1100	5 Miles		Sunday	www.exmouth-harriers.co.uk
10	Torrington Torment	Torrington	1100	13.1 Miles		Sunday	www.torringtonaac.co.uk
10	Westward League	Bovey Tracey			XC	Sunday	www.westwardleague.co.uk
17	Brooks Plymouth Hoe 10	Plymouth	1000	10 Miles	C	Sunday	www.tamartrotters.co.uk
24	Dalwood 3 Hills Challenge	Dalwood	1100	10 Miles approx	M/T	Sunday	www.axevalleyrunners.org.uk

## March

2	Bideford Half Marathon	Bideford	1030	13.1 Miles		Sunday	www.bidefordaac.co.uk
16*	Plympton March Hare	Plymouth	1000	10K		Sunday	
16	Westward League	Bicton			XC	Sunday	www.westwardleague.co.uk
24*	Bampton - Tiverton	Bampton	1030	7M 125 yds		Monday	www.tivertonharriers.org
30	Teignbridge Ten	Kingsteignton	1030	10 Miles		Sunday	www.teignbridgetrotters.co.uk

## April

6	Blackenstone Bruiser	Henock	0930	15.3 M approx		Sunday	01647-253006
27	Arlington Court Canter	Barnstaple	1100	10K approx	M/T	Sunday	tom@ashelford.co.uk

## May

1*	Torrington Round the Tree	Torrington	1900	3 Miles approx	M/T	Friday	www.torringtonaac.org.uk
3	The Great West 5Km	Exeter	1330	5k	Track/I	Saturday	www.thegreatwestrun.co.uk
4	Great West Run	Exeter	1000	13.1 Miles		Sunday	www.thegreatwestrun.co.uk
7	Great West Mini Marathons	Exeter	1330	Various	Track/I	Wednesday	www.thegreatwestrun.co.uk
10	Ivybridge 10K	Ivybridge	1830	10K		Saturday	www.evh.5u.com
18	Bideford 10K	Bideford	1100	10K		Sunday	www.bidefordaac.co.uk
25	Plymouth Half Marathon	Plymouth	1000	13.1 Miles		Sunday	www.plymouthhalfmarathon.co.uk

## June

5	Coastal Dash	Dawlish	1900	4 Miles approx	M/T	Thursday	www.dawlishcoasters.co.uk
7	DML 5K	Plymouth	1900	5K		Saturday	www.dmlrunningclub.co.uk
7	Dartmoor Discovery	Princetown	0930	32M 637 Yds		Saturday	www.twobridgesrace.org
7	Killerton Kanter	Exeter	1800	6 Miles approx	M/T	Sunday	www.swrr.co.uk
8	Ruby Run	Holworthy	1030	13.1 Miles		Sunday	www.rubyrun.co.uk
14	Sam Penny Scenic Challenge	Plymstock	1830	6 Miles	M/T	Saturday	www.instinctive.org.uk
14	Bampton 10K	Bampton	1830	10K	C	Saturday	www.tivertonharriers.org
22	Torbay Half Marathon	Paignton	0930	13.1 Miles		Sunday	www.TorbayHalfMarathon.co.uk
26	The Festival 4	Exeter	1930	4 Miles approx		Thursday	www.ironbridgerunner.co.uk

## July

3	Run Exe 5k Series	Exeter	1930	5k		Thursday	www.ironbridgerunner.co.uk
4	Erme Valley Relays	Ivybridge	1900	4 x 2.5 M laps		Friday	www.evh.5u.com
12	Duckponds	Plymstock	1900	7K approx	M/T	Saturday	www.plymstockroadrunners.co.uk
13	6 Moor Miles	Yelverton	1030	6 Miles approx	M/T	Sunday	www.plymouthharriers.co.uk
26*	Cornwood Challenge	Cornwood	1800	10K Approx	M/T	Saturday	01752 - 892627
27*	Kingsbridge Fair Week 10K	Kingsbridge	1930	10K		Thursday	01548 - 856971

## IRONBRIDGE RUNNER

49 North Street, Exeter 01392 436383 shop@ironbridgerunner.co.uk

www.ironbridgerunner.co.uk

## August

2	The Great West Fell Race	Dartmoor	1400	5 Miles approx	M/T	Saturday	<a href="http://www.ironbridgerunner.co.uk">www.ironbridgerunner.co.uk</a>
7	Run Exe 5k Series	Exeter	1930	5k		Thursday	<a href="http://www.ironbridgerunner.co.uk">www.ironbridgerunner.co.uk</a>
9*	Jeremiahs Journey	Plymouth	1845	5 Miles approx	M/T	Saturday	
10	Sidmouth Festival Run	Sidmouth	1100	10K Approx		Sunday	<a href="http://www.sidmouthrunningclub.org.uk">www.sidmouthrunningclub.org.uk</a>
22*	Forest Flyer	Haldon Forest	1900	5 Miles approx	M/T	Friday	<a href="http://www.dawlishcoasters.co.uk">www.dawlishcoasters.co.uk</a>
24	Torbay Royal Regatta 10K	Torbay	1900	10K		Sunday	<a href="http://www.torbay10k.co.uk">www.torbay10k.co.uk</a>

## September

4	Run Exe 5k Series	Exeter	1930	5k		Thursday	<a href="http://www.ironbridgerunner.co.uk">www.ironbridgerunner.co.uk</a>
6	Saltram 5K	Plymouth	1800	5K		Saturday	<a href="http://www.plymstockroadrunners.co.uk">www.plymstockroadrunners.co.uk</a>
7	Bideford 10 Miler	Bideford	1100	10 Miles		Sunday	<a href="http://www.bidefordaac.co.uk">www.bidefordaac.co.uk</a>
14	Ivybridge Beacon Challenge	Ivybridge	1100	8 Miles approx	M/T	Sunday	<a href="http://www.evh.5u.com">www.evh.5u.com</a>
21	Denes Doone Run	Lynton	1200	11.4 Miles app.	M/T	Sunday	<a href="http://www.thedenes.com/DooneRun.htm">www.thedenes.com/DooneRun.htm</a>
21*	Torrington Back in 5	Torrington	1100	5 Miles		Sunday	<a href="http://www.torringtonaac.org.uk">www.torringtonaac.org.uk</a>
21*	Musbury Castle Challenge	Axminster	1030	7.3 M approx	M/T	Sunday	<a href="http://www.musburycastlechallenge.co.uk">www.musburycastlechallenge.co.uk</a>
28	Autumn Trail	Plymouth	1030	8 Miles approx	M/T	Sunday	<a href="http://www.tamartrotters.co.uk">www.tamartrotters.co.uk</a>

## October

5	Brixham 10K	Brixham	1100	10K	Ross Sh	Sunday	<a href="http://www.sdac.co.uk">www.sdac.co.uk</a>
12*	Westward League	Redruth		Various	XC	Sunday	<a href="http://www.westwardleague.co.uk">www.westwardleague.co.uk</a>
12	Honiton 12K	Honiton	1030	12K		Sunday	<a href="http://www.honitonrc.com">www.honitonrc.com</a>
12	Teign Valley Toddle	Christow	1030	10.2 M approx		Sunday	<a href="mailto:pentoos@hotmail.com">pentoos@hotmail.com</a>
19	Dartmoor Vale Road Races	Newton Abbot	915	26.2/13.1M or 10k		Sunday	<a href="http://www.dmvmarathon.org.uk">www.dmvmarathon.org.uk</a>
26	Strete Challenge	Strete	1030	10 miles		Sunday	
26*	Westward League	St Austell		Various	XC	Sunday	<a href="http://www.westwardleague.co.uk">www.westwardleague.co.uk</a>

## November

16	Drogo	Drewsteignton	0930	10 Miles approx	M/T	Sunday	<a href="http://www.thedrogo.co.uk">www.thedrogo.co.uk</a>
30	Bicton Blister	Bicton	1100	11 Miles approx	M/T	Sunday	<a href="http://www.exmouth-harriers.co.uk">www.exmouth-harriers.co.uk</a>

## December

7*	Westward League	Exeter		Various	XC	Sunday	<a href="http://www.westwardleague.co.uk">www.westwardleague.co.uk</a>
14	Santa Christmas Pud Run	Plymouth	1100	5K Approx		Sunday	<a href="http://www.dmlrunningclub.co.uk">www.dmlrunningclub.co.uk</a>
21	Wellington Monument	Hemyock	1030	6.2 M approx		Sunday	

**Compiled by Paul Ross, devon county aa road running supremo!**

[www.devoncountyaa.co.uk](http://www.devoncountyaa.co.uk)

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