

#RunExeRelays

20th May 2016, 7pm Start

Playing
Fields and
Sports Pitches

River Exe

River Exe

Mildmay Cl

Exwick Rd

The Thatched House

**START // FINISH
& CHANGE OVER**

No Parking

**Public >
Toilets**

Race HQ
Exeter College
Sports Pavillion

Winchester Ave

Foxhayes Car
Sales Exeter

Ennerdale Way

The Foxhayes Practice

Cleve Rd

1st Leg Runners will start on mass from yellow dashed line.

Next leg runner (and so on) must wait in holding pen until they see team member approaching, then exit pen onto line. When the in-coming runner crosses the line the out-going runner starts.



IT IS RUNNERS RESPONSIBILITY TO BE IN THE CHANGE OVER PEN IN GOOD TIME READY FOR CHANGE OVER.

We will seek to flag up when runners are approaching but ultimately it is the runners responsibility to be ready. Please do not clog up start line by moving out of holding pen too early.