

BUY WITH CONFIDENCE EXETER 10K RESULTS

a CITY RUNS promotion

Wednesday 20th July 2016

We would like to acknowledge the support of all the marshals, officials, volunteers and runners without the this event wouldn't happen!

Pos	Race No	Time	Surname	First Name	Cat	Cat Pos	Club
1	1457	30:58	Hadera	Berihu	MSen	1	Exmouth Harriers
2	1458	31:28	Merson	Tom	MSen	2	Exmouth Harriers
3	1456	31:33	Wylie	Phil	M35+	1	Cheltenham Harriers
4	1289	34:20	Palmer	Jamie	M45+	1	Exmouth Harriers
5	1361	35:07	Snell	Ryan	M35+	2	Exmouth Harriers
6	1270	35:15	Monaghan	Peter	M50+	1	Torbay Ac
7	1111	35:38	Dunn	Tony	M50+	2	Royal Navy
8	1455	35:41	Robinson	Mike	MSen	3	Exmouth Harriers
9	1349	35:43	Shapland	Keith	M35+	3	Bideford Aac
10	1244	35:44	Reeves	James	MSen	4	Buy With Confidence
11	1278	35:47	Musgrove	Michael	M45+	2	Exmouth Harriers
12	1019	35:48	Barnett	Jamie	MU20	1	Teignbridge Trotters
13	1044	35:51	Brooks	Donald	M35+	4	Teignbridge Tri'ers
14	1436	35:54	Williams	Langdon	M45+	3	South West Road Runners
15	1310	36:17	Porter	John	M40+	1	Plymouth Harriers
16	1076	36:24	Colwill	Martin	M45+	4	Bideford
17	1411	36:44	Tyson	Ian	M35+	5	Torbay Athletics Club
18	1130	36:48	Fletcher	Peter	MSen	5	Exmouth Harriers
19	1263	37:01	Milford	Daryl	M40+	2	Maverick Runners
20	1025	37:22	Benham	James	M35+	6	Swrr
21	1293	37:26	Parkinson	Jon	M45+	5	Torbay Ac
22	1396	37:27	Tinniswood	Jamie	M35+	7	Tiverton Harriers
23	1009	37:28	Ashby	Justin	M45+	6	Sidmouth Running Club
24	1185	37:49	Unknown	Runner			
25	1415	37:53	Vials	Tim	M50+	3	South West Road Runners
26	1074	37:55	Colvin	Brent	M40+	3	
27	1267	38:09	Miners	Michael	M35+	8	Erme Valley Harriers
28	1211	38:12	Lea	Ian	M40+	4	
29	1321	38:13	Ramsden	Adam	M40+	5	
30	1375	38:18	Suggate	Gary	M40+	6	Bideford Aac
31	1068	38:20	Colebrook	Timothy	MSen	6	
32	1395	38:24	Thorpe	Sam	MSen	7	
33	1176	38:26	Hocking	Jerry	M40+	7	Torbay Ac
34	1371	38:33	Stone	Serane	F40+	1	Tiverton Harriers
35	1097	38:50	Davies	Gareth	MSen	8	South West Road Runners
36	1403	38:52	Trelease	David	MSen	9	Orcombe Trotters
37	1040	38:59	Brace	Martin	M45+	7	Tiverton Harriers
38	1384	39:05	Taunton	Hannah	FSen	1	Taunton Athletic Club
39	1434	39:06	Whitworth	Thomas	MSen	10	
40	1128	39:13	Flanagan	Naomi	FSen	2	Torbay AC
41	1163	39:16	Hegarty	Paul	M45+	8	
42	1393	39:25	Thomas	Paul	M55+	1	South West Road Runners
43	1042	39:52	Bristow	Nicholas	M40+	8	Erme Valley Harriers
44	1257	40:05	Mccollum	Richard	M35+	9	
45	1208	40:15	Kirk	Jim	M35+	10	Bideford
46	1407	40:18	Turner	Chris	MSen	11	Okehampton Rc
47	1080	40:29	Cooper	Dale	M35+	11	

48	1191	40:37	Hunter	Scott	MSen	12	South West Road Runners	
49	1045	40:37	Brown	Steven	M35+	12	Team H	
50	1345	40:39	Savill	Nicky	FSen	3	Swrr	
51	1404	40:41	Trump	Wayne	M40+	9	Tiverton Harriers	
52	1123	40:51	Fereday	Graham	M35+	13		
53	1432	40:54	White	Nathan	M35+	14	Haldon Trail Runners	
54	1015	41:09	Ball	Thomas	MSen	13	Bideford Aac	
55	1100	41:17	Denson	Simon	M45+	9	Running Forever Running Club	
56	1210	41:22	Layzell	Jack	MSen	14		
57	1039	41:26	Brace	Alison	F45+	1		
58	1165	41:30	Herdman	Allan	M60+	1	Tavistock Ac	
59	1334	41:41	Rushforth	Suzy	F40+	2	Swrr	
60	1167	41:55	Heywood	Mark	M40+	10		
61	1078	41:56	Connett	Richard	M35+	15	South Molton Strugglers	
62	1302	41:57	Perry	Marc	MSen	15		
63	1233	41:59	Macdonald	Alex	MSen	16		
64	1376	42:00	Sumner	Chris	MSen	17		
65	1419	42:07	Wallace	Ian	MSen	18	South Molton Strugglers	
66	1333	42:07	Rudling	Nick	MSen	18		
67	1329	42:21	Rowe	Alex	MSen	20		
68	1065	42:34	Clews	John	MSen	21	South West Road Runners	
69	1394	42:59	Thomson	Benjamin	MSen	22		0
70	1249	43:00	Martin	Steve	M40+	11		
71	1192	43:01	Jeary	Ivan	M45+	10	Uknetrunner.Co.Uk	
72	1184	43:02	Hoskin	Chris	MSen	23		
73	1297	43:04	Pedrick	Richard	MSen	24	South West Road Runners	
74	1299	43:04	Perkins	Chris	M35+	16		
75	1033	43:07	Blythe	Kirsten	FSen	4	Southwest Road Runners	
76	1301	43:20	Perry	Rachel	FSen	5	Storm Plymouth	
77	1292	43:27	Parkinson	Cathy	F50+	1		
78	1154	43:43	Havill	Martin	M60+	2	Exeter Harriers	
79	1392	43:46	Thomas	Ian	M45+	11	Dartmouth Aac	
80	1424	43:57	Webb	Richard	M35+	17	Team Badass	
81	1296	44:02	Pearce	Jo	F45+	2	Swrr	
82	1054	44:10	Chant	Simon	M40+	12		
83	1410	44:12	Twine	David	M60+	3	Tavistock	
84	1312	44:16	Prettejohn	Dan	MSen	25		
85	1350	44:18	Sharp	Chris	M35+	18	South West Road Runners	
86	1228	44:20	Lowe	Kane	M35+	19		
87	1194	44:25	Johnson	Andrew	M50+	4	Exmouth Harriers	
88	1112	44:31	Battershill	Timothy	M35+	20		
89	1006	44:33	Andrews	Walter	M55+	2	Tiverton Harriers	
90	1059	44:38	Churchill	Craig	M35+	21	Teignbridge Trotters	
91	1157	44:39	Hawkins	Mark	M50+	5	Okehampton	
92	1023	44:40	Bedler	Jo	F40+	3	Bideford Aac	
93	1347	44:45	Selley	Steve	M50+	6	Honiton Running Club	
94	1237	44:53	Major	Jonathan	M35+	22	South West Road Runners	
95	1053	44:56	Chan	Jake	MSen	26		
96	1313	44:57	Pullen	Marsh	MSen	27		
97	1433	44:58	White	Des	M60+	4	Exmouth Harriers	
98	1162	45:00	Hedges	Julie	F50+	2	Southwest Roadrunners	
99	1170	45:10	Hill	Alister	MSen	28		
100	1446	45:19	Wylie	Robert	M35+	23		
101	1064	45:24	Clements	Ian	MSen	29		
102	1036	45:52	Bornet	Tom	FSen	6	Honiton Running Club	
103	1207	45:58	King	David	M60+	5	South West Veterans Ac	

104	1001	46:00	Aczel	William	MU20	2	
105	1379	46:06	Szyperek	Artur	M35+	24	Dartmouth Aac
106	1412	46:06	Vasiliauskas	Vitalis	MSen	30	
107	1073	46:12	Colvin	Sara	F45+	3	Bideford Aac
108	1284	46:12	Nuttall	Elizabeth	F40+	4	Swrr
109	1218	46:21	Lewis	Brian	M40+	13	Torbay Ac
110	1018	46:34	Worthington	Christy	F40+	5	Bideford Aac
111	1352	46:35	Sharrocks	Mark	M40+	14	
112	1307	46:43	Pollard	Samuel	MSen	31	Honiton Running Club
113	1223	46:51	Lockhart	Marlon	M40+	15	
114	1075	46:53	Colwill	Helen	F45+	4	Bideford Aac
115	1178	46:55	Hollinworth	Steven	M50+	7	
116	1071	47:03	Collier	Stephen	M40+	16	0
117	1372	47:04	Stone	Richard	M35+	25	South West Road Runners
118	1397	47:07	Toma	Florian	MSen	32	
119	1109	47:16	Driver	Andrew	M35+	26	
120	1429	47:22	Whelan	Russ	MSen	33	
121	1037	47:26	Botting	Matthew	M40+	17	Torbay Aac
122	1315	47:30	Qualter	Gary	M45+	12	
123	1286	47:43	Outhwaite	John	M60+	6	
124	1003	47:52	Adger	Neil	M50+	8	
125	1422	47:57	Watts	Andrew	MSen	34	Exeter Triathlon Club
126	1236	48:02	Mackenzie	Russel	M35+	27	
127	1327	48:22	Rose	Nick	MSen	35	
128	1124	48:23	Ferris	Kieran	MSen	36	
129	1373	48:29	Storkey	David	M45+	13	0
130	1354	48:46	Short	Josh	MSen	37	Hitchin Running Club
131	1222	48:47	Livsey	Rich	MSen	38	
132	1008	48:48	Arkell	Tim	M35+	28	
133	1199	48:56	Jones	Hannah	F40+	6	Teignbridge Trotters
134	1279	49:00	Napper	Graham	M50+	9	South West Road Runners
135	1062	49:11	Clay	Tim	M55+	3	Sidmouth Running Club
136	1113	49:21	Easton	Julian	M35+	29	
137	1232	49:22	Macaulay	Emily	FSen	7	Springfield Striders Rc
138	1127	49:29	Fine	Greg	M60+	7	Torbay Athletic Club
139	1107	49:30	Dowell	John	M50+	10	0
140	1121	49:36	Evans	Gary	M40+	18	
141	1138	49:39	Gill	Victoria	F35+	1	
142	1377	49:40	Sweet	Rob	M40+	19	
143	1193	49:43	Johnson	Sarah	F35+	2	
144	1322	49:44	Randall	Sarah	FSen	8	
145	1449	49:45	Cook	Karen	F55+	1	South West Road Runners
146	1248	49:45	Martin	Matthew	M40+	20	
147	1093	49:46	Curran	Simon	MSen	39	None
148	1225	49:53	Loten	Jo	F45+	5	Torbay Athletic Club
149	1226	49:54	Gilboy	Emma	F40+	7	Torbay AC
150	1014	49:55	Baker	Kate	F35+	3	Exmouth Running Belles
151	1050	50:14	Butler	Karl	MSen	40	
152	1098	50:25	Davies	Mike	MSen	41	
153	1105	50:31	Dow	Everlyn	FSen	9	
154	1285	50:34	Oster	Richard	M35+	30	
155	1388	50:40	Taylor	David	M70+	1	Teignbridge Trotters
156	1183	50:42	Horton	Sarah	F45+	6	Plymouth Coasters
157	1405	50:43	Tuckett	Richard	MSen	42	
158	1092	50:45	Cruise	Lisa	FSen	10	
159	1129	50:47	Fletcher	Sarah	F40+	8	Exmouth Running Belles

160	1148	50:59	Hagley	Steve	M50+	11	
161	1441	51:02	Wilson	David	M35+	31	South West Road Runners
162	1038	51:11	Boucher	Lisa	FSen	11	
163	1186	51:13	Howson	Holly	F35+	4	Greenbow Running Club
164	1252	51:13	Masters	Rhiannon	FSen	12	
165	1453	51:17	Butler	Stacey	FSen	13	0
166	1099	51:28	Denson	Lisa	F50+	3	
167	1398	51:35	Tosh	Suzie	F40+	9	Swrr
168	1171	51:47	Hill	Wesley	M45+	14	
169	1084	52:07	Courtney	Maria	F45+	7	
170	1032	52:12	Blyth	Simon	M35+	32	
171	1188	52:15	Hudson	Keith	M55+	4	
172	1390	52:16	Thew	Alicia	FSen	14	
173	1028	52:18	Betty	Denise	FSen	15	
174	1435	52:26	Williams	Jodene	FSen	16	
175	1012	52:36	Bailey	Peter	M45+	15	
176	1106	52:37	Dow	Gareth	M50+	12	
177	1431	52:43	White	Alison	F60+	1	Exmouth Harriers
178	1444	52:55	Woodland	Michael	M60+	8	Erme Valley Harriers
179	1048	52:58	Burgess	Tim	M45+	16	
180	1364	53:02	Staplehurst	John	M55+	5	
181	1416	53:19	Wagstaff	Toby	MSen	43	
182	1120	53:23	Evans	Kirsty	FSen	17	
183	1046	53:24	Brown	Ricky	M50+	13	
184	1179	53:43	Holyoak	Mel	F40+	10	Michelmores Running Club
185	1094	53:43	Daly	Sean	M50+	14	
186	1291	53:54	Parkes	Shane	MSen	44	
187	1383	54:16	Tanner	Jane	F45+	8	
188	1324	54:21	Regan	James	M50+	15	
189	1427	54:22	Wellman	Kim	F35+	5	
190	1443	54:28	Woodgates	Erin	F35+	6	
191	1027	54:29	Bennett	Caroline	F55+	2	North Devon Road Runners
192	1177	54:31	Holden	Rachael	FSen	18	Buy With Confidence
193	1454	54:31	Deane-Simmons	Nicky	F55+	3	Tavistock Triathlon Club
194	1214	54:32	Lee	James	MSen	45	
195	1266	54:43	Mimms	Greg	MSen	46	Greenbow Running Club
196	1114	54:44	Eley	Michael	MSen	47	
197	1115	54:45	Eley	James	MSen	48	
198	1031	54:46	Bloomfield	Ted	M70+	2	
199	1067	54:48	Cole	Dave	M45+	17	
200	1356	54:51	Sizer	Lucy	F40+	11	
201	1088	54:52	Craig	Michael	M35+	33	0
202	1101	54:59	Dickenson	Jenny	FSen	19	
203	1246	55:16	Martens	Seb	MSen	49	
204	1346	55:16	Sayles	Lucy	FSen	20	
205	1242	55:17	Marsh	Jemma	F45+	9	
206	1337	55:17	Salman	Yusra-Zara	FSen	21	South West Road Runners
207	1378	55:21	Swift	Abigail	FSen	22	
208	1072	55:29	Colloby	Mike	M55+	6	
209	1104	55:30	Doonan	Anthony	M70+	3	Erme Valley Harriers
210	1202	55:40	Keep	Mike	M70+	4	Exmouth Harriers
211	1049	55:43	Burrows	Faye	F40+	12	
212	1139	55:44	Gill	Fiona	F45+	10	
213	1156	55:44	Hawkins	James	M50+	16	
214	1355	56:00	Simms	Heidi	FSen	23	South West Road Runners
215	1216	56:02	Legg	Sarah	F40+	13	Storm Plymouth

216	1189	56:06	Humphreys	Lisa	FSen	24	Uknetrunner	
217	1070	56:08	Coles	Thomas	M40+	21		
218	1365	56:11	Steele	Gemma	FSen	25		
219	1325	56:24	Rice	Sean	M65+	1		
220	1369	56:25	Stockman	Glenn	M40+	22		
221	1366	56:32	Sterry	Ethan	MU17	1		
222	1187	56:35	Hudson	Willy	MSen	50		
223	1152	56:38	Handley	Tom	M70+	5		
224	1069	56:41	Coleman	Trevor	M35+	34		
225	1360	56:47	Smith	Craig	MSen	51	Plymouth Coasters	
226	1295	56:47	Payne	Nicola	F35+	7		0
227	1308	56:49	Pollard	Suzanne	FSen	26		
228	1085	56:53	Cousins	Joanne	FSen	27	Team Exeter Library	
229	1146	56:57	Greenhill	Laura	F45+	11		
230	1206	57:08	King	Bryan	F60+	2		
231	1447	57:10	Yelland	Emily	FU17	1		
232	1190	57:10	Hunt	Dorcas	F45+	12		
233	1005	57:10	Allen	Charlotte	F40+	14		
234	1274	57:28	Morgan	Vic	M60+	9		
235	1268	57:29	Moffat	Sarah	FSen	28		
236	1332	57:35	Rudling	Janine	FSen	29		
237	1172	57:37	Hobbs	Lindsay	F50+	4	Tavistock Triathlon Club	
238	1445	57:56	Worbey	Jenny	FSen	30		
239	1451	58:01	Belfield	Louie	MU20	3		0
240	1426	58:17	Welchman	Goff	M65+	2	Taunton Rfrc	
241	1024	58:24	Belshaw	Julie	F40+	15		
242	1058	58:26	Childs	Tracy	F50+	5		
243	1119	58:42	Essame	Gabrielle	FSen	31		
244	1269	58:43	Moles	Sarah	FSen	32		
245	1260	58:49	Mcsweeney	Carol	F35+	8		
246	1217	58:52	Levett	Ron	M65+	3		
247	1247	58:57	Martin	Emily	FSen	33		
248	1077	58:58	Compton	Luke	MSen	52		
249	1430	59:10	White	Julie	F40+	16		
250	1351	59:12	Sharrocks	Barbara	F60+	3		
251	1305	59:17	Pike	Terry	M55+	7	North Devon Road Runners	
252	1300	59:31	Perring	Michelle	FSen	34		
253	1224	59:36	Loft	Jamie	M40+	23		
254	1212	59:41	Lee	Aimee	FSen	35		
255	1438	59:41	Wills	Lisa	FSen	35		
256	1205	59:54	King	Louise	F50+	6	Plymouth Musketeers	
257	1081	60:11	Cornish	Jacqui	F40+	17		
258	1203	60:12	Kessie	Emma	F35+	9		
259	1380	60:14	Taghdissian	James	MSen	53		
260	1341	60:14	Sandes	Duncan	M35+	35		
261	1125	60:17	Fewins	Alison	F35+	10		
262	1362	60:41	Somers	Hannah	FSen	37		
263	1201	60:43	Kaye	Emily	F40+	18	Greenbow Running Club	
264	1220	60:48	Littlechild	Lisa	F35+	11		
265	1151	60:49	Handley	Kaz	F50+	7	Exmouth Harriers Aac	
266	1204	60:53	King	Liana	FSen	38	South West Road Runners	
267	1440	60:57	Wilson	Liz	F50+	8		0
268	1439	60:57	Wilson	Emmi	FSen	39		
269	1230	60:58	Luscombe	Mark	M40+	24	Run Torbay	
270	1262	61:00	Mercer	Sean	M45+	18	Run Torbay	
271	1173	61:01	Hockey	Ella	FU17	2		

272	1175	61:20	Hockey	Iain	M45+	19	Hockey'S Running	
273	1103	61:36	Dodd	Laura	FSen	40		
274	1240	61:45	Marks	David	M35+	36		
275	1437	61:52	Willmott	Zoe	FSen	41		
276	1281	61:52	Newbery	Faye	F35+	12		
277	1221	61:57	Livsey	Emily	FSen	42		
278	1029	62:00	Betty	Mark	MSen	54		
279	1227	62:10	Lowe	Jo	F40+	19	Taunton Running Club	
280	1385	62:14	Taunton	Gill	F60+	4	Running For Ever Running Club	
281	1136	62:19	Gerrard	Eddie	M65+	4		
282	1273	62:20	Morgan	Glyn	M35+	37		
283	1198	62:32	Jones	Emma	FSen	43		
284	1298	62:41	Pellow	Natalie	FSen	44		
285	1155	62:46	Hawkins	Helen	F40+	20		
286	1083	62:46	Cosford	Liz	F45+	13		
287	1370	62:53	Stone	Clare	F35+	13	Taunton Running Club	
288	1282	63:02	Newell	Ben	M35+	38		
289	1035	63:03	Bonnell	Matt	M40+	25		
290	1335	63:04	Ryan	Joanna	FSen	45		
291	1311	63:06	Powlesland	Amelia	FSen	46		
292	1063	63:13	Cleeve	Mr	MSen	55	South West Road Runner	
293	1336	63:28	Ryan	Peter	M60+	10	Iford Athletics Club	
294	1331	63:30	Rowntree	Neil	M40+	26		
295	1330	63:30	Rowntree	Marianne	F40+	21		
296	1306	63:37	Plumb	Emily	FSen	47	Storm Plymouth	
297	1450	63:46	Belfield	Joanne	F50+	9		0
298	1309	64:08	Pooley	Anna	FSen	48		
299	1181	64:39	Hopkinson	Nick	M45+	20		
300	1391	64:51	Thomas	Jean	F55+	4	Exeter Harriers	
301	1253	64:59	May	Sharon	F40+	22		
302	1061	65:00	Clatworthy	Lee	M35+	39		
303	1367	65:22	Sterry	Martin	M40+	27	Greenbow	
304	1363	65:57	Stansbury	Michael	M65+	5		
305	1261	65:58	Medland	Dene	F55+	5	Tavistock Athletics Club	
306	1196	65:59	Jolly	Tracey	F40+	23	Teignbridge Trotters	
307	1287	66:03	Owens	Alison	F40+	24	Alison Owens	
308	1132	66:04	Francis-Sherriff	Amanda	F45+	14	Storm Plymouth	
309	1320	66:28	Ramsden	Adam	M40+	28		
310	1243	66:31	Marsh	John	M55+	8		
311	1241	66:32	Marsh	Danni	FSen	49		
312	1276	66:42	Mulhearn	Jennifer	F35+	14	Reading Roadrunners	
313	1381	66:45	Talbot	Rachael	F35+	15		
314	1056	66:54	Chard	Jane	F50+	10		
315	1294	66:54	Pattinson	Lindsey	FSen	50		
316	1256	66:55	Mccartney	William	M55+	9		
317	1091	67:01	Cronk	Naomi	F35+	16	Swrr	
318	1414	67:05	Vialls	Sharon	F50+	11	South West Road Runners	
319	1143	67:15	Graham	William	MSen	56		
320	1304	67:32	Pike	Rebecca	FSen	51		
321	1344	67:44	Savage	Liz	FSen	52	Buy With Confidence	
322	1275	67:53	Morris	Julie	F45+	15	Women On The Run	
323	1052	68:26	Cashmore	Dean	M50+	17		
324	1030	68:54	Biddick	Lucie	F35+	17		
325	1090	68:54	Croft	Liz	F40+	25		
326	1164	69:07	Herd	Emma	F35+	18		0
327	1174	69:32	Hockey	Nicola	F40+	26		

328	1087	69:36	Craig	Emma	F45+	16	Tavistock Athletics Club
329	1421	69:37	Walters	Paula	F50+	12	
330	1368	69:43	Still	Hannah	F35+	19	Running Forever Running Club
331	1231	69:44	Lye	Katie	FSen	53	Running Forever
332	1423	69:44	Webb	Caroline	F35+	20	Running Forever
333	1002	70:15	Adams	Lisa	FSen	54	
334	1251	70:16	Massimo	Vic	M55+	10	
335	1213	70:16	Lee	Julie	F40+	27	
336	1406	70:19	Turl	Jo	F35+	21	
337	1343	70:20	Saunders	Joni	F40+	28	
338	1057	70:25	Charlton	Shona	F55+	6	
339	1358	70:53	Smith	Jenna	FSen	55	
340	1161	70:55	Heaton	Dominique	FSen	56	
341	1258	70:58	Mcdonald	Wendy	F55+	7	
342	1017	71:04	Barber	Natalie	F40+	29	Exeter 5k Run Club
343	1428	71:15	Whelan	Liz	FSen	57	
344	1272	71:34	Moran	Ciara	F40+	30	
345	1160	71:34	Heard	Dee	F45+	17	
346	1420	71:39	Walsh	Ellie	F40+	31	
347	1348	74:06	Sene	Carol	F50+	13	
348	1108	74:43	Dowie	Dee	F55+	8	Run Mummy Run
349	1229	74:46	Luke	Nolwenn	F40+	32	
350	1402	75:54	Travis	Lynn	F50+	14	Women On The Run
351	1135	77:32	Gates	Simon	MSen	57	
352	1359	77:48	Smith	Rebecca	F35+	22	Run Torbay
353	1142	77:55	Gradon	Sue	F45+	18	Storm Plymouth
354	1340	80:09	Sandercock	Helen	F35+	23	Run Torbay
355	1141	82:25	Godfrey	Jenni	F55+	9	Run Torbay
356	1265	83:05	Mimms	Karen	F50+	15	Greenbow Running Club
357	1326	83:54	Roberts	Steve	M50+	18	
358	1303	85:36	Pethick	Leesa	F45+	19	Plymouth Harriers
359	1022	85:39	Baxter	Hollie	FSen	58	Plymouth Harriers
360	1150	103:50	Halford	Hannah	F35+	24	