



# RUN EXE SUMMER 5k SERIES

Round 6 : Tuesday 6th September 2016

## RESULTS

Pos	No	Time	Name	Cat	Cat Rank	Club
1	830	0:15:53	Simon Longthorpe	M35+	1	Torbay AAC
2	565	0:16:11	Sam Hopton	MSen	1	SWRR
3	644	0:16:14	Jason Drew	MU20	1	Bristol & West AC
4	824	0:16:21	Phil Bridge	MSen	2	Exeter University
5	836	0:16:21	Francis Malon-Lee	M35+	2	0
6	570	0:16:45	Simon Minting	MSen	3	Exmouth Harriers
7	584	0:16:47	Peter Fletcher	MSen	4	Exmouth Harriers
8	838	0:16:49	Donald Brooks	M35+	3	Maverick Runners
9	538	0:16:52	Peter Monaghan	M50+	1	Torbay AC
10	828	0:16:57	Tim Watson	M40+	1	Torbay AC
11	822	0:17:06	Ian Tyson	M35+	4	Torbay AC
12	645	0:17:08	Ollie Thorogood	MU20	2	Aberystwyth AC
13	550	0:17:20	Jamie Barnett	MU20	3	Teignbridge Trotters
14	761	0:17:24	Matt Pitson	M35+	5	Okehampton Running Club
15	596	0:17:28	Christian Hewitt	MSen	5	Tiverton Harriers
16	537	0:17:30	Langdon Williams	M45+	1	SWRR
17	491	0:17:31	TC Chulu	MU17	1	South West Road Runners
18	583	0:17:36	James Benham	MSen	6	SWRR
19	541	0:17:44	Jamie Tinniswood	M35+	6	Tiverton Harriers
20	825	0:17:51	Martyn Breslan	M35+	7	Torbay AC
21	773	0:17:56	Rory Carr	M35+	8	Tiverton Harriers
22	535	0:18:00	Peter Belcher	M40+	2	Royal Marines
23	818	0:18:03	Edward Judge	MU20	4	0
24	652	0:18:03	Martin Pearce	M35+	9	0
25	763	0:18:14	Dominic Spayne	MSen	7	Mavericks
26	837	0:18:18	Tony Arnell	M50+	2	Exeter Tri
27	669	0:18:20	Ian Lea	M35+	10	0
28	811	0:18:21	Kerry Roberts	M55+	1	Tiverton Harriers
29	829	0:18:27	Stefan Phillips	MSen	8	David Lloyd
30	666	0:18:29	Sam Yearling	MU15	1	Erme Valley Harriers



31	580	0:18:31	Alison McEwing	FSen	1	Erme Valley Harriers	
32	627	0:18:31	Callum Aldous	MSen	9	Chichester Westgate Triathlon Club	
33	819	0:18:34	Mike Jones	M55+	2	0	
34	653	0:18:35	Alison Thorn	F40+	1	Erme Valley Harriers	
35	539	0:18:40	Jon Garrity	M45+	2	Exmouth Harriers	
36	514	0:18:49	Cleo Perry	F40+	2	Erme Valley Harriers	
37	520	0:18:58	Serane Stone	F35+	1	Tiverton harriers	
38	588	0:19:07	Scott Hunter	MSen	10	SWRR	
39	542	0:19:09	Martin Brace	M45+	3	Tiverton Harriers	
40	529	0:19:11	Ian Lynch	M50+	3	Haldon Trail Runners	
41	689	0:19:14	Mark Heywood	M40+	3	0	
42	576	0:19:15	Nicky Savill	FSen	2	SWRR	
43	512	0:19:22	Catherine Newman	F50+	1	Exmouth Harriers	
44	820	0:19:28	Simon Powell	M35+	11	uknetrunner	
45	840	0:19:30	Mike Feighan	M50+	4	SWRR	
46	582	0:19:34	Alister Ferguson	MSen	11	SWRR	
47	738	0:19:42	Benjamin Thomson	MSen	12	0	
48	799	0:19:42	Steve Martin	M40+	4	0	
49	832	0:19:46	Neil Edwards	M45+	4	0	
50	513	0:19:47	Richard Pedrick	MSen	13	South West Road Runners	
51	712	0:19:48	Stuart May	M45+	5	Okehampton Running Club	
52	499	0:19:50	Harry German	MU20	5	SWRR	
53	656	0:19:57	Benjamin Thorn	MU17	2	Erme Valley Harriers	
54	496	0:20:07	Barry Frost	M55+	3	SWRR	
55	655	0:20:08	Melanie Brooks	F40+	3	Dawlish Coasters	
56	540	0:20:18	Stephen Sirdefield	M50+	5	Tiverton Harriers	
57	507	0:20:20	Alan Ledger	M35+	12	Tiverton Harriers	Le Prix de la combativité
58	775	0:20:24	Phil Spencer	M50+	6	Tiverton Harriers	
59	489	0:20:25	Lauren Burd	FU17	1	Tiverton Harriers	
60	585	0:20:26	Jonathan Major	M35+	13	0	
61	568	0:20:26	Bob Minting	M65+	1	Blackheath & Bromley	
62	492	0:20:28	Gavin Connor	M35+	14	South West Road Runners	
63	566	0:20:29	Katherine Humphreys	FSen	3	Tiverton Harriers	
64	786	0:20:33	Chris Sharp	M35+	15	SWRR	
65	498	0:20:36	Fiona German	FU17	2	SWRR	
66	619	0:20:38	Suzy Rushforth	F40+	4	SWRR	
67	841	0:20:40	David Wilson	M35+	16	SWRR	
68	620	0:20:44	Andrew Johnson	M50+	7	Exmouth Harriers	
69	601	0:20:45	Simon Swift	M45+	6	Erme Valley Harriers	
70	527	0:20:47	Steve Selley	M50+	8	Honiton Rc	
71	661	0:20:50	Huey Pearce	MU13	1	0	
72	714	0:21:02	Maggie Hunt	F55+	1	FERC	
73	564	0:21:06	Lewis Jones	M65+	2	SWRR	

**Exeter's**  
great west run

**Sign up  
now!**



**Sunday 16th  
October  
2016**




74	629	0:21:09	Janet Sealy	F40+	5	0
75	821	0:21:10	Simon Sherlock	MSen	14	Maverick Runners
76	490	0:21:14	Jake Chan	MSen	15	South West Road Runners
77	831	0:21:14	Robin Havill	M40+	5	0
78	599	0:21:18	Joanna Edwards	F50+	2	Erme Valley Harriers
79	839	0:21:29	Lorna Spayne	FSen	4	Maverick Runners
80	659	0:21:32	Jo Pearce	F45+	1	SWRR
81	649	0:21:37	Des White	M60+	1	Exmouth Harriers
82	835	0:21:40	Dan Grey	M35+	17	Haldon Trail Runners
83	555	0:21:43	Julie Towers	F50+	3	Launceston Road Runners
84	572	0:21:44	Rose Partridge	F45+	2	Tiverton Harriers
85	548	0:21:53	Nigel Barnett	M40+	6	Teignbridge Trotters
86	484	0:21:56	William Aczel	MU17	3	0
87	504	0:22:01	Hannah Jones	F40+	6	Teignbridge Trotters
88	827	0:22:12	Claire McKenna	FSen	5	Mavericks
89	569	0:22:13	Richard Kemp	M45+	7	Tiverton Harriers
90	618	0:22:17	Callum Lamont	M50+	9	SWRR
91	528	0:22:21	Tracy Bennett	F40+	7	SWRR
92	755	0:22:25	Charles Mossman	M65+	3	Crediton Running Network
93	519	0:22:37	Jasmine Stone	FU13	1	Exeter Harriers
94	785	0:22:50	Kevin Jennings	M55+	4	Iwasoramrunner
95	581	0:22:52	Karen Cook	F55+	2	SWRR
96	834	0:23:00	Luke Hard	MSen	16	Maverick Runners
97	800	0:23:01	Rob Edwards	M60+	2	Sidmouth Running Club
98	522	0:23:09	Suzie Tosh	F40+	8	South West Road Runners
99	553	0:23:39	Mark De Souza	M50+	10	0
100	833	0:23:40	Peter Bunyan	M60+	3	0
101	774	0:23:45	Robert Powell	MSen	17	0
102	654	0:24:22	Kathryn Steemson	F40+	9	Teignbridge Trotters
103	823	0:24:34	Sarah Moffat	FSen	6	South West Road Runners
104	650	0:24:45	Alison White	F60+	1	Exmouth Harriers
105	826	0:24:45	Rosie Bristow	F35+	2	Pegasus RC Cardiff
106	500	0:24:53	Alison German	F40+	10	SWRR
107	736	0:24:56	Noah Salt	MU13	2	Newton Abbot Athletics Club
108	518	0:24:57	Yusra-Zara Salman	FSen	7	South West Road Runners

Le Prix de la combativité

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