

#RunExe5k Series 2016

Notes:

Final scoring will be based on best 4 results out of 6 - i.e you must complete 4 races to be eligible

If you compete all 6 races we will use your fastest 4 times for the series standings

Prizes:

We will award prizes to top 3 in each cat, where applicable

We will produce a final overall set of male and female standing (inc: all age cats) and award prizes to top 3 in each

Only 1 prize will be awarded per runner

Pos	No	Time		Name	Cat	Club	Overall Position
80	519	0:21:34	21:34:00	Jasmine Stone	FU13	Exeter Harriers	1
80	519	0:20:58	20:58:00	Jasmine Stone	FU13	Exeter Harriers	
97	519	0:22:19	22:19:00	Jasmine Stone	FU13	Exeter Harriers	
93	519	0:00:01	22:37:00	Jasmine Stone	FU13	Exeter Harriers	
			87:28:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
61	489	0:20:23	20:23:00	Lauren Burd	FU17	Tiverton Harriers	1
51	489	0:19:49	19:49:00	Lauren Burd	FU17	Tiverton Harriers	
46	489	0:19:58	19:58:00	Lauren Burd	FU17	Tiverton Harriers	
49	489	0:20:06	20:06:00	Lauren Burd	FU17	Tiverton Harriers	
49	489	0:00:01	20:25:00	Lauren Burd	FU17	Tiverton Harriers	
			80:16:00	FASTEST 4			
51	498	0:19:45	19:45:00	Fiona German	FU17	SWRR	2
69	498	0:20:32	20:32:00	Fiona German	FU17	SWRR	
74	498	0:21:21	21:21:00	Fiona German	FU17	SWRR	
67	498	0:21:25	21:25:00	Fiona German	FU17	SWRR	
65	498		20:36:00	Fiona German	FU17	SWRR	
			82:14:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
28	580	0:18:24	18:24:00	Alison McEwing	Fsen	Erme Valley Harriers	1
32	580	0:18:39	18:39:00	Alison McEwing	Fsen	Erme Valley Harriers	
20	580	0:18:18	18:18:00	Alison McEwing	Fsen	Erme Valley Harriers	
104	650		18:31:00	Alison McEwing	Fsen	Erme Valley Harriers	
			73:52:00	FASTEST 4			
43	576	0:19:08	19:08:00	Nicky Savill	Fsen	SWRR	2
41	576	0:19:06	19:06:00	Nicky Savill	Fsen	SWRR	
37	576	0:18:57	18:57:00	Nicky Savill	Fsen	SWRR	
37	576	0:19:05	19:05:00	Nicky Savill	Fsen	SWRR	
42	546	0:00:01	19:15:00	Nicky Savill	Fsen	SWRR	
			76:16:00	FASTEST 4			
110	518	0:25:22	25:22:00	Yusra-Zara Salman	Fsen	South West Road Runners	3
129	518	0:25:35	25:35:00	Yusra-Zara Salman	Fsen	South West Road Runners	
121	518	0:25:58	25:58:00	Yusra-Zara Salman	Fsen	South West Road Runners	
122	518	0:26:19	26:19:00	Yusra-Zara Salman	Fsen	South West Road Runners	
106	518	0:25:46	25:46:00	Yusra-Zara Salman	Fsen	South West Road Runners	
108	518		24:57:00	Yusra-Zara Salman	Fsen	South West Road Runners	
			101:40:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
23	520	0:18:05	18:05:00	Serane Stone	F35+	Tiverton harriers	1
25	520	0:18:08	18:08:00	Serane Stone	F35+	Tiverton harriers	
24	520	0:18:18	18:18:00	Serane Stone	F35+	Tiverton harriers	
27	520	0:18:34	18:34:00	Serane Stone	F35+	Tiverton harriers	
30	520	0:18:27	18:27:00	Serane Stone	F35+	Tiverton harriers	
37	520		18:58:00	Serane Stone	F35+	Tiverton Harriers	
			72:58:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
37	514	0:18:37	18:37:00	Cleo Perry	F40+	Erme Valley Harriers	1
35	514	0:18:42	18:42:00	Cleo Perry	F40+	Erme Valley Harriers	
31	514	0:18:51	18:51:00	Cleo Perry	F40+	Erme Valley Harriers	
36	514		18:49:00	Cleo Perry	F40+	Erme Valley Harriers	

			74:59:00	FASTEST 4			
53	655	0:19:53	19:53:00	Melanie Brooks	F40+	Dawlish Coasters	2
43	655	0:19:48	19:48:00	Melanie Brooks	F40+	Dawlish Coasters	
47	655	0:19:58	19:58:00	Melanie Brooks	F40+	Dawlish Coasters	
55	655		20:08:00	Melanie Brooks	F40+	Dawlish Coasters	
			79:47:00	FASTEST 4			
64	619	0:20:15	20:15:00	Suzy Rushforth	F40+	SWRR	3
58	619	0:20:08	20:08:00	Suzy Rushforth	F40+	SWRR	
47	619	0:19:58	19:58:00	Suzy Rushforth	F40+	SWRR	
66	619		20:38:00	Suzy Rushforth	F40+	SWRR	
			80:59:00	FASTEST 4			
72	629	0:20:42	20:42:00	Janet Sealy	F40+	0	4
78	629	0:21:11	21:11:00	Janet Sealy	F40+	0	
66	629	0:20:56	20:56:00	Janet Sealy	F40+	0	
74	629		21:09:00	Janet Sealy	F40+	0	
			83:58:00	FASTEST 4			
86	528	0:22:02	22:02:00	Tracy Bennett	F40+	SWRR	5
99	528	0:22:33	22:33:00	Tracy Bennett	F40+	SWRR	
96	528	0:22:46	22:46:00	Tracy Bennett	F40+	SWRR	
91	528		22:21:00	Tracy Bennett	F40+	SWRR	
			89:42:00	FASTEST 4			
99	504	0:23:41	23:41:00	Hannah Jones	F40+	Teignbridge Trotters	6
114	504	0:23:34	23:34:00	Hannah Jones	F40+	Teignbridge Trotters	
101	504	0:22:37	22:37:00	Hannah Jones	F40+	Teignbridge Trotters	
83	504	0:22:26	22:26:00	Hannah Jones	F40+	Teignbridge Trotters	
87	504		22:01:00	Hannah Jones	F40+	Teignbridge Trotters	
			90:38:00	FASTEST 4			
108	522	0:24:54	24:54:00	Suzie Tosh	F40+	South West Road Runners	7
127	522	0:25:25	25:25:00	Suzie Tosh	F40+	South West Road Runners	
107	522	0:23:34	23:34:00	Suzie Tosh	F40+	South West Road Runners	
91	522	0:23:31	23:31:00	Suzie Tosh	F40+	South West Road Runners	
98	522		23:09:00	Suzie Tosh	F40+	South West Road Runners	
			95:08:00	FASTEST 4			
109	500	0:25:16	25:16:00	Alison German	F40+	SWRR	8
125	500	0:25:06	25:06:00	Alison German	F40+	SWRR	
114	500	0:25:05	25:05:00	Alison German	F40+	SWRR	
106	500		24:53:00	Alison German	F40+	SWRR	
			100:20:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
56	600	0:20:11	20:11:00	Jaine Swift	F45+	Erme Valley Harriers	1
65	600	0:20:19	20:19:00	Jaine Swift	F45+	Erme Valley Harriers	
48	600	0:19:51	19:51:00	Jaine Swift	F45+	Erme Valley Harriers	
50	600	0:20:07	20:07:00	Jaine Swift	F45+	Erme Valley Harriers	
			80:28:00	FASTEST 4			
98	659	0:21:51	21:51:00	Jo Pearce	F45+	SWRR	2
84	659	0:21:35	21:35:00	Jo Pearce	F45+	SWRR	
73	659	0:21:17	21:17:00	Jo Pearce	F45+	SWRR	
80	659		21:32:00	Jo Pearce	F45+	SWRR	
			86:15:00	FASTEST 4			
84	572	0:21:49	21:49:00	Rose Partridge	F45+	Tiverton Harriers	3
88	572	0:21:17	21:17:00	Rose Partridge	F45+	Tiverton Harriers	
80	572	0:21:50	21:50:00	Rose Partridge	F45+	Tiverton Harriers	
71	572	0:21:39	21:39:00	Rose Partridge	F45+	Tiverton Harriers	
84	572		21:44:00	Rose Partridge	F45+	Tiverton Harriers	
			86:29:00	FASTEST 4			
102	590	0:23:58	23:58:00	Nicki Ashworth	F45+		
117	590	0:24:10	24:10:00	Nicki Ashworth	F45+		
113	590	0:24:59	24:59:00	Nicki Ashworth	F45+		
118	590	0:25:26	25:26:00	Nicki Ashworth	F45+		
96	590	0:24:31	24:31:00	Nicki Ashworth	F45+		
			97:38:00	FASTEST 4			
Pos	No	Time		Name	Cat	Club	Overall Position
36	512	0:18:37	18:37:00	Catherine Newman	F50+	Exmouth Harriers	1
35	512	0:18:49	18:49:00	Catherine Newman	F50+	Exmouth Harriers	
30	512	0:18:46	18:46:00	Catherine Newman	F50+	Exmouth Harriers	

43	512		19:22:00	Catherine Newman	F50+	Exmouth Harriers	
			75:34:00	FASTEST 4			
73	599	0:20:58	20:58:00	Joanna Edwards	F50+	Erme Valley Harriers	2
82	599	0:21:02	21:02:00	Joanna Edwards	F50+	Erme Valley Harriers	
74	599	0:20:55	20:55:00	Joanna Edwards	F50+	Erme Valley Harriers	
63	599	0:21:07	21:07:00	Joanna Edwards	F50+	Erme Valley Harriers	
78	599		21:18:00	Joanna Edwards	F50+	Erme Valley Harriers	
			84:02:00	FASTEST 4			
91	555	0:22:35	22:35:00	Julie Towers	F50+	Launceston Road Runners	3
86	555	0:22:08	22:08:00	Julie Towers	F50+	Launceston Road Runners	
73	555	0:21:51	21:51:00	Julie Towers	F50+	Launceston Road Runners	
83	555	0:00:01	21:43:00	Julie Towers	F50+	Launceston Road Runners	
			88:17:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
71	714	0:20:45	20:45:00	Maggie Hunt	F55+	FERC	1
60	714	0:20:48	20:48:00	Maggie Hunt	F55+	FERC	
58	714	0:20:43	20:43:00	Maggie Hunt	F55+	FERC	
72	714	0:00:01	21:02:00	Maggie Hunt	F55+	FERC	
			83:18:00	FASTEST 4			
90	581	0:22:34	22:34:00	Karen Cook	F55+	SWRR	2
106	581	0:22:31	22:31:00	Karen Cook	F55+	SWRR	
98	581	0:22:31	22:31:00	Karen Cook	F55+	SWRR	
91	581	0:22:20	22:20:00	Karen Cook	F55+	SWRR	
95	581	0:00:01	22:52:00	Karen Cook	F55+	SWRR	
			89:56:00	FASTEST 4			
113	562	0:25:41	25:41:00	Kate Rogers	F55+	Tavistock AC	3
128	562	0:25:26	25:26:00	Kate Rogers	F55+	Tavistock AC	
119	562	0:25:32	25:32:00	Kate Rogers	F55+	Tavistock AC	
100	562	0:24:59	24:59:00	Kate Rogers	F55+	Tavistock AC	
			101:38:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
122	650	0:25:00	25:00:00	Alison White	F60+	Exmouth Harriers	1
110	650	0:24:33	24:33:00	Alison White	F60+	Exmouth Harriers	
103	650	0:25:28	25:28:00	Alison White	F60+	Exmouth Harriers	
104	650		24:45:00	Alison White	F60+	Exmouth Harriers	
			99:46:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
108	736	0:23:38	23:38:00	Noah Salt	MU13	Newton Abbot Athletics Club	1
102	736	0:23:08	23:08:00	Noah Salt	MU13	Newton Abbot Athletics Club	
93	736	0:24:01	24:01:00	Noah Salt	MU13	Newton Abbot Athletics Club	
107	736		24:56:00	Noah Salt	MU13	Newton Abbot Athletics Club	
			95:43:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
31	666	0:18:28	18:28:00	Sam Yearling	MU15	Erme Valley Harriers	1
44	666	0:19:55	19:55:00	Sam Yearling	MU15	Erme Valley Harriers	
36	666	0:18:49	18:49:00	Sam Yearling	MU15	Erme Valley Harriers	
30	666		18:29:00	Sam Yearling	MU15	Erme Valley Harriers	
			75:41:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
45	491	0:19:23	19:23:00	TC Chulu	MU17	South West Road Runners	1
37	491	0:18:47	18:47:00	TC Chulu	MU17	South West Road Runners	
26	491	0:18:21	18:21:00	TC Chulu	MU17	South West Road Runners	
17	491	0:18:15	18:15:00	TC Chulu	MU17	South West Road Runners	
25	491	0:18:06	18:06:00	TC Chulu	MU17	South West Road Runners	
17	491		17:31:00	TC Chulu	MU17	South West Road Runners	
			72:13:00	FASTEST 4			
38	510	0:18:54	18:54:00	Shaun Mckernan	MU17	Torbay Athletics Club	2
42	510	0:19:07	19:07:00	Shaun Mckernan	MU17	Torbay Athletics Club	
33	510	0:18:43	18:43:00	Shaun Mckernan	MU17	Torbay Athletics Club	
33	510	0:18:56	18:56:00	Shaun Mckernan	MU17	Torbay Athletics Club	
33	510	0:18:37	18:37:00	Shaun Mckernan	MU17	Torbay Athletics Club	
			75:10:00	FASTEST 4			
97	484	0:23:19	23:19:00	William Aczel	MU17		3
83	484	0:21:03	21:03:00	William Aczel	MU17		

86	484	0:21:40	21:40:00	William Aczel	MU17
77	484	0:21:32	21:32:00	William Aczel	MU17
69	484	0:21:29	21:29:00	William Aczel	MU17
86	484		21:56:00	William Aczel	MU17
			85:44:00	FASTEST 4	

Pos	No	Time		Name	Cat	Club	Overall Position
17	645	0:17:14	17:14:00	Ollie Thorogood	MU20	Aberystwyth AC	1
6	645	0:17:23	17:23:00	Ollie Thorogood	MU20	Aberystwyth AC	
9	645	0:17:01	17:01:00	Ollie Thorogood	MU20	Aberystwyth AC	
12	645		17:08:00	Ollie Thorogood	MU20	Aberystwyth AC	
			68:46:00	FASTEST 4			
12	550	0:17:15	17:15:00	Jamie Barnett	MU20	Teignbridge Trotters	2
15	550	0:17:11	17:11:00	Jamie Barnett	MU20	Teignbridge Trotters	
14	550	0:17:35	17:35:00	Jamie Barnett	MU20	Teignbridge Trotters	
17	550	0:17:36	17:36:00	Jamie Barnett	MU20	Teignbridge Trotters	
13	550		17:20:00	Jamie Barnett	MU20	Teignbridge Trotters	
			69:21:00	FASTEST 4			
75	499	0:21:01	21:01:00	Harry German	MU20	SWRR	3
124	499	0:25:06	25:06:00	Harry German	MU20	SWRR	
55	499	0:20:00	20:00:00	Harry German	MU20	SWRR	
56	499	0:20:23	20:23:00	Harry German	MU20	SWRR	
38	499	0:19:24	19:24:00	Harry German	MU20	SWRR	
52	499		19:50:00	Harry German	MU20	SWRR	
			79:37:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
2	565	0:15:55	15:55:00	Sam Hopton	MSen	SWRR	1
3	565	0:16:15	16:15:00	Sam Hopton	MSen	SWRR	
2	565	0:16:27	16:27:00	Sam Hopton	MSen	SWRR	
3	565	0:16:07	16:07:00	Sam Hopton	MSen	SWRR	
2	565		16:11:00	Sam Hopton	MSen	SWRR	
			64:28:00	FASTEST 4			
3	508	0:16:12	16:12:00	Robert Mann	MSen	University of Exeter	2
4	508	0:16:18	16:18:00	Robert Mann	MSen	University of Exeter	
5	508	0:16:17	16:17:00	Robert Mann	MSen	University of Exeter	
2	508	0:16:03	16:03:00	Robert Mann	MSen	University of Exeter	
			64:50:00	FASTEST 4			
4	570	0:16:46	16:46:00	Simon Minting	MSen	Exmouth Harriers	3
4	570	0:17:05	17:05:00	Simon Minting	MSen	Exmouth Harriers	
6	570	0:16:49	16:49:00	Simon Minting	MSen	Exmouth Harriers	
6	570		16:45:00	Simon Minting	MSen	Exmouth Harriers	
			67:25:00	FASTEST 4			
5	596	0:16:47	16:47:00	Christian Hewitt	MSen	Tiverton Harriers	4
13	596	0:17:06	17:06:00	Christian Hewitt	MSen	Tiverton Harriers	
7	596	0:16:51	16:51:00	Christian Hewitt	MSen	Tiverton Harriers	
7	596	0:16:58	16:58:00	Christian Hewitt	MSen	Tiverton Harriers	
15	596		17:28:00	Christian Hewitt	MSen	Tiverton Harriers	
			67:42:00	FASTEST 4			
10	584	0:17:09	17:09:00	Peter Fletcher	MSen	Exmouth Harriers	5
9	584	0:16:51	16:51:00	Peter Fletcher	MSen	Exmouth Harriers	
10	584	0:17:27	17:27:00	Peter Fletcher	MSen	Exmouth Harriers	
10	584	0:17:02	17:02:00	Peter Fletcher	MSen	Exmouth Harriers	
7	584		16:47:00	Peter Fletcher	MSen	Exmouth Harriers	
			67:49:00	FASTEST 4			
17	530	0:17:51	17:51:00	Jan Dolezel	MSen	Haldon Trail Runners	6
18	530	0:17:35	17:35:00	Jan Dolezel	MSen	Haldon Trail Runners	
17	530	0:17:44	17:44:00	Jan Dolezel	MSen	Haldon Trail Runners	
8	530	0:17:31	17:31:00	Jan Dolezel	MSen	Haldon Trail Runners	
21	530	0:17:56	17:56:00	Jan Dolezel	MSen	Haldon Trail Runners	
			70:41:00	FASTEST 4			
18	516	0:17:52	17:52:00	Tim Pratt	MSen	Teignbridge Trotters	7
20	516	0:17:43	17:43:00	Tim Pratt	MSen	Teignbridge Trotters	
9	516	0:17:38	17:38:00	Tim Pratt	MSen	Teignbridge Trotters	
16	516	0:17:32	17:32:00	Tim Pratt	MSen	Teignbridge Trotters	
			70:45:00	FASTEST 4			
35	583	0:18:36	18:36:00	James Benham	MSen	SWRR	8

23	583	0:18:01	18:01:00	James Benham	MSen	SWRR	
22	583	0:18:12	18:12:00	James Benham	MSen	SWRR	
13	583	0:18:06	18:06:00	James Benham	MSen	SWRR	
20	583	0:17:53	17:53:00	James Benham	MSen	SWRR	
18	583		17:36:00	James Benham	MSen	SWRR	
			71:36:00	FASTEST 4			
22	493	0:18:03	18:03:00	Gareth Davies	MSen	South West Road Runners	9
26	493	0:18:10	18:10:00	Gareth Davies	MSen	South West Road Runners	
16	493	0:18:12	18:12:00	Gareth Davies	MSen	South West Road Runners	
32	493	0:18:35	18:35:00	Gareth Davies	MSen	South West Road Runners	
			73:00:00	FASTEST 4			
29	523	0:18:25	18:25:00	David Trelease	MSen	Orcombe Trotters	10
27	523	0:18:23	18:23:00	David Trelease	MSen	Orcombe Trotters	
22	523	0:18:23	18:23:00	David Trelease	MSen	Orcombe Trotters	
27	523	0:18:08	18:08:00	David Trelease	MSen	Orcombe Trotters	
			73:19:00	FASTEST 4			
40	588	0:18:59	18:59:00	Scott Hunter	MSen	SWRR	11
43	588	0:19:18	19:18:00	Scott Hunter	MSen	SWRR	
32	588	0:18:53	18:53:00	Scott Hunter	MSen	SWRR	
39	588	0:19:24	19:24:00	Scott Hunter	MSen	SWRR	
38	588		19:07:00	Scott Hunter	MSen	SWRR	
			76:17:00	FASTEST 4			
47	582	0:19:25	19:25:00	Alister Ferguson	MSen	SWRR	12
46	582	0:19:39	19:39:00	Alister Ferguson	MSen	SWRR	
39	582	0:19:32	19:32:00	Alister Ferguson	MSen	SWRR	
44	582	0:19:45	19:45:00	Alister Ferguson	MSen	SWRR	
46	582		19:34:00	Alister Ferguson	MSen	SWRR	
			78:10:00	FASTEST 4			
56	513	0:20:00	20:00:00	Richard Pedrick	MSen	South West Road Runners	13
60	513	0:20:14	20:14:00	Richard Pedrick	MSen	South West Road Runners	
48	513	0:20:03	20:03:00	Richard Pedrick	MSen	South West Road Runners	
51	513	0:20:20	20:20:00	Richard Pedrick	MSen	South West Road Runners	
50	513		19:47:00	Richard Pedrick	MSen	South West Road Runners	
			80:04:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
39	652	0:18:51	18:51:00	Martin Pearce	M35+	0	1
11	652	0:17:29	17:29:00	Martin Pearce	M35+	0	
12	652	0:17:44	17:44:00	Martin Pearce	M35+	0	
18	652	0:17:37	17:37:00	Martin Pearce	M35+	0	
24	652		18:03:00	Martin Pearce	M35+		
			70:53:00	FASTEST 4			
25	541	0:18:06	18:06:00	Jamie Tinniswood	M35+	Tiverton Harriers	2
20	541	0:18:03	18:03:00	Jamie Tinniswood	M35+	Tiverton Harriers	
15	541	0:18:10	18:10:00	Jamie Tinniswood	M35+	Tiverton Harriers	
19	541	0:17:47	17:47:00	Jamie Tinniswood	M35+	Tiverton Harriers	
19	541		17:44:00	Jamie Tinniswood	M35+	Tiverton Harriers	
			71:40:00	FASTEST 4			
24	669	0:18:04	18:04:00	Ian Lea	M35+	0	3
14	669	0:18:08	18:08:00	Ian Lea	M35+	0	
22	669	0:17:57	17:57:00	Ian Lea	M35+	0	
27	669		18:20:00	Ian Lea	M35+	0	
			72:29:00	FASTEST 4			
93	507	0:21:36	21:36:00	Alan Ledger	M35+	Tiverton Harriers	4
69	507	0:20:42	20:40:00	Alan Ledger	M35+	Tiverton Harriers	
55	507	0:20:20	20:20:00	Alan Ledger	M35+	Tiverton Harriers	
57	507		20:20:00	Alan Ledger	M35+	Tiverton Harriers	
			82:56:00	FASTEST 4			
65	534	0:20:36	20:36:00	Matthew Dominey	M35+	SWRR	5
84	534	0:21:04	21:04:00	Matthew Dominey	M35+	SWRR	
75	534	0:20:56	20:56:00	Matthew Dominey	M35+	SWRR	
108	534	0:23:41	23:41:00	Matthew Dominey	M35+	SWRR	
64	534	0:21:08	21:08:00	Matthew Dominey	M35+	SWRR	
			83:44:00	FASTEST 4			
87	492	0:22:03	22:03:00	Gavin Connor	M35+	South West Road Runners	6
77	492	0:20:49	20:49:00	Gavin Connor	M35+	South West Road Runners	

100	492	0:22:34	22:34:00	Gavin Connor	M35+	South West Road Runners	
63	492	0:20:52	20:52:00	Gavin Connor	M35+	South West Road Runners	
			86:18:00	FASTEST 4			
67	585	0:20:45	20:45:00	Jonathan Major	M35+	0	7
76	585	0:21:04	21:04:00	Jonathan Major	M35+	0	
85	585	0:22:06	22:06:00	Jonathan Major	M35+	0	
60	585		22:26:00	Jonathan Major	M35+	0	
			86:21:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
16	535	0:17:41	17:41:00	Peter Belcher	M40+	Royal Marines	1
21	535	0:17:52	17:52:00	Peter Belcher	M40+	Royal Marines	
30	535	0:18:29	18:29:00	Peter Belcher	M40+	Royal Marines	
28	535	0:18:14	18:14:00	Peter Belcher	M40+	Royal Marines	
22	535	0:00:01	18:00:00	Peter Belcher	M40+	Royal Marines	
			71:47:00	FASTEST 4			
88	548	0:22:33	22:33:00	Nigel Barnett	M40+	Teignbridge Trotters	2
100	548	0:21:55	21:55:00	Nigel Barnett	M40+	Teignbridge Trotters	
90	548	0:21:52	21:52:00	Nigel Barnett	M40+	Teignbridge Trotters	
85	548		21:53:00	Nigel Barnett	M40+	Teignbridge Trotters	
			88:13:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
13	537	0:17:27	17:27:00	Langdon Williams	M45+	SWRR	1
13	537	0:17:34	17:34:00	Langdon Williams	M45+	SWRR	
7	537	0:17:23	17:23:00	Langdon Williams	M45+	SWRR	
14	537	0:17:27	17:27:00	Langdon Williams	M45+	SWRR	
16	537		17:30:00	Langdon Williams	M45+	SWRR	
			69:47:00	FASTEST 4			
42	542	0:19:07	19:07:00	Martin Brace	M45+	Tiverton Harriers	2
36	542	0:18:44	18:44:00	Martin Brace	M45+	Tiverton Harriers	
36	542	0:18:55	18:55:00	Martin Brace	M45+	Tiverton Harriers	
34	542	0:19:01	19:01:00	Martin Brace	M45+	Tiverton Harriers	
37	542	0:19:17	19:17:00	Martin Brace	M45+	Tiverton Harriers	
39	542		19:09:00	Martin Brace	M45+	Tiverton Harriers	
			75:47:00	FASTEST 4			
47	712	0:19:47	19:47:00	Stuart May	M45+	Okehampton Running Club	3
38	712	0:19:31	19:31:00	Stuart May	M45+	Okehampton Running Club	
54	712	0:20:26	20:26:00	Stuart May	M45+	Okehampton Running Club	
51	712		19:48:00	Stuart May	M45+	Okehampton Running Club	
			79:32:00	FASTEST 4			
55	601	0:20:10	20:10:00	Simon Swift	M45+	Erme Valley Harriers	4
48	601	0:19:44	19:44:00	Simon Swift	M45+	Erme Valley Harriers	
51	601	0:19:53	19:53:00	Simon Swift	M45+	Erme Valley Harriers	
69	601		20:45:00	Simon Swift	M45+	Erme Valley Harriers	
			80:32:00	FASTEST 4			
69	525	0:20:48	20:48:00	Stephen Wilbraham	M45+	Torbay Athletic Club	5
86	525	0:21:09	21:09:00	Stephen Wilbraham	M45+	Torbay Athletic Club	
80	525	0:21:23	21:23:00	Stephen Wilbraham	M45+	Torbay Athletic Club	
52	525	0:20:11	20:11:00	Stephen Wilbraham	M45+	Torbay Athletic Club	
55	525	0:20:29	20:29:00	Stephen Wilbraham	M45+	Torbay Athletic Club	
			82:37:00	FASTEST 4			
79	569	0:21:26	21:26:00	Richard Kemp	M45+	Tiverton Harriers	6
76	569	0:20:48	20:48:00	Richard Kemp	M45+	Tiverton Harriers	
87	569	0:22:11	22:11:00	Richard Kemp	M45+	Tiverton Harriers	
89	569		22:13:00	Richard Kemp	M45+	Tiverton Harriers	
			86:38:00	FASTEST 4			

Pos	No	Time		Name	Cat	Club	Overall Position
8	538	0:16:56	16:56:00	Peter Monaghan	M50+	Torbay AC	1
8	538	0:16:47	16:47:00	Peter Monaghan	M50+	Torbay AC	
5	538	0:16:48	16:48:00	Peter Monaghan	M50+	Torbay AC	
9	538		16:52:00	Peter Monaghan	M50+	Torbay AC	
			67:23:00	FASTEST 4			
41	529	0:19:02	19:02:00	Ian Lynch	M50+	Haldon Trail Runners	2
40	529	0:18:51	18:51:00	Ian Lynch	M50+	Haldon Trail Runners	
52	529	0:20:22	20:22:00	Ian Lynch	M50+	Haldon Trail Runners	
40	529		19:11:00	Ian Lynch	M50+	Haldon Trail Runners	

			77:26:00	FASTEST 4			
54	621	0:19:54	19:54:00	Jim Durston	M50+	South West Road Runners	3
64	621	0:20:26	20:26:00	Jim Durston	M50+	South West Road Runners	
53	621	0:20:12	20:12:00	Jim Durston	M50+	South West Road Runners	
56	621	0:20:32	20:32:00	Jim Durston	M50+	South West Road Runners	

81:04:00 FASTEST 4

57	540	0:20:11	20:11:00	Stephen Sirdefield	M50+	Tiverton Harriers	4
71	540	0:20:41	20:41:00	Stephen Sirdefield	M50+	Tiverton Harriers	
61	540	0:20:16	20:16:00	Stephen Sirdefield	M50+	Tiverton Harriers	
67	540	0:20:58	20:58:00	Stephen Sirdefield	M50+	Tiverton Harriers	
56	540		20:18:00	Stephen Sirdefield	M50+	Tiverton Harriers	

81:26:00 FASTEST 4

82	527	0:21:43	21:43:00	Steve Selley	M50+	Honiton Rc	5
91	527	0:21:26	21:26:00	Steve Selley	M50+	Honiton Rc	
83	527	0:21:34	21:34:00	Steve Selley	M50+	Honiton Rc	
65	527	0:21:10	21:10:00	Steve Selley	M50+	Honiton Rc	
70	527		20:47:00	Steve Selley	M50+	Honiton Rc	

84:57:00 FASTEST 4

89	620	0:21:21	21:21:00	Andrew Johnson	M50+	Exmouth Harriers	6
94	620	0:22:00	22:00:00	Andrew Johnson	M50+	Exmouth Harriers	
76	620	0:21:26	21:26:00	Andrew Johnson	M50+	Exmouth Harriers	
68	620		20:44:00	Andrew Johnson	M50+	Exmouth Harriers	

85:31:00 FASTEST 4

96	597	0:23:06	23:06:00	Graham Napper	M50+	SWRR	7
96	597	0:22:16	22:16:00	Graham Napper	M50+	SWRR	
81	597	0:21:53	21:53:00	Graham Napper	M50+	SWRR	
81	597	0:22:23	22:23:00	Graham Napper	M50+	SWRR	

89:38:00 FASTEST 4

104	618	0:22:26	22:26:00	Callum Lamont	M50+	SWRR	8
106	618	0:23:14	23:14:00	Callum Lamont	M50+	SWRR	
95	618	0:22:46	22:46:00	Callum Lamont	M50+	SWRR	
89	618	0:23:20	23:20:00	Callum Lamont	M50+	SWRR	
90	618		22:17:00	Callum Lamont	M50+	SWRR	

90:43:00 FASTEST 4

92	553	0:22:41	22:41:00	Mark De Souza	M50+	0	9
107	553	0:22:39	22:39:00	Mark De Souza	M50+	0	
102	553	0:22:39	22:39:00	Mark De Souza	M50+	0	
90	553	0:23:30	23:30:00	Mark De Souza	M50+	0	
99	553		23:39:00	Mark De Souza	M50+	0	

91:29:00 FASTEST 4

Pos	No	Time		Name	Cat	Club	Overall Position
63	496	0:20:34	20:34:00	Barry Frost	M55+	SWRR	1
58	496	0:20:05	20:05:00	Barry Frost	M55+	SWRR	
63	496	0:20:25	20:25:00	Barry Frost	M55+	SWRR	
51	496	0:20:09	20:09:00	Barry Frost	M55+	SWRR	
48	496	0:19:59	19:59:00	Barry Frost	M55+	SWRR	
54	496		20:07:00	Barry Frost	M55+	SWRR	

80:20:00 FASTEST 4

Pos	No	Time		Name	Cat	Club	Overall Position
54	531	0:19:57	19:57:00	Steve Lang	M60+	South West Vets AC	1
52	531	0:19:52	19:52:00	Steve Lang	M60+	South West Vets AC	
49	531	0:19:52	19:52:00	Steve Lang	M60+	South West Vets AC	
42	531	0:19:47	19:47:00	Steve Lang	M60+	South West Vets AC	
43	531	0:19:45	19:45:00	Steve Lang	M60+	South West Vets AC	

79:16:00 FASTEST 4

97	649	0:21:48	21:48:00	Des White	M60+	Exmouth Harriers	2
75	649	0:21:24	21:24:00	Des White	M60+	Exmouth Harriers	
70	649	0:21:36	21:36:00	Des White	M60+	Exmouth Harriers	
81	649		21:37:00	Des White	M60+	Exmouth Harriers	

86:25:00 FASTEST 4

Pos	No	Time		Name	Cat	Club	Overall Position
68	568	0:20:46	20:46:00	Bob Minting	M65+	Blackheath & Bromley	1
73	568	0:20:42	20:42:00	Bob Minting	M65+	Blackheath & Bromley	
72	568	0:20:47	20:47:00	Bob Minting	M65+	Blackheath & Bromley	
61	568		20:26:00	Bob Minting	M65+	Blackheath & Bromley	

			<u>82:41:00</u>	FASTEST 4			
71	564	0:20:50	20:50:00	Lewis Jones	M65+	SWRR	2
87	564	0:21:45	21:45:00	Lewis Jones	M65+	SWRR	
69	564	0:21:09	21:09:00	Lewis Jones	M65+	SWRR	
76	564	0:21:59	21:59:00	Lewis Jones	M65+	SWRR	
61	568		21:06:00	Lewis Jones	M65+	SWRR	
			<u>84:50:00</u>	FASTEST 4			