

# CITY RUNS | EVENTS: EXETER 10K RESULTS

Wednesday 19th July 2017

*We would like to acknowledge the support of all the marshals, officials, volunteers and runners without the this event wouldn't happen!*

Pos	Race No	Time	Surname	First Name	Cat	Cat Pos	Club
1	1270	31:14	Merson	Tom	MSen	1	EXMOUTH HARRIERS
2	1258	31:29	Wylie	Phil	M35+	1	CHELTENHAM HARRIERS
3	1263	32:27	Hadera	Berihu	MSen	2	EXMOUTH HARRIERS
4	1257	32:34	Chambers	Andy	MSen	3	0
5	1266	32:52	Holland	Adam	MSen	4	NOTFAST
6	1205	33:19	Tranvag	Joachim	MSen	5	EXETER UNI
7	1051	33:37	Mann	Robert	MSen	6	EXETER HARRIERS
8	1260	33:39	Mapp	Dan	MSen	7	BIDEFORD AAC
9	1006	33:41	Ingle	Andrew	M35+	2	BIDEFORD AAC
10	844	34:03	Brooks	Donald	M35+	3	MAVRICK RUNNERS
11	1213	34:15	Turner	Lee	M40+	1	TORBAY AAC
12	1141	35:32	Salter	Lee	M35+	4	EXMOUTH HARRIERS
13	1216	36:06	Tyson	Ian	M35+	5	TORBAY AC
14	1078	36:14	Monaghan	Peter	M50+	1	TORBAYAC
15	805	36:22	Angell	Dave	MSen	8	MILE HIGH
16	1092	36:28	Orchard	Darren	M40+	2	ST PETROCS DRAGONS
17	1037	36:33	Linsdell	Martyn	M35+	6	
18	884	36:36	Colwill	Martin	M50+	2	BIDEFORD AAC
19	827	36:51	Benham	James	M35+	7	SWRR
20	1003	37:05	Hurford	Jason	MSen	9	TORBAY ATHLETIC
21	833	37:06	Blackman	Jamie	MSen	10	BIDEFORD AAC
22	1259	37:17	Stone	Serane	F40+	1	TIVERTON HARRIERS
23	1265	37:36	Syngé	Katie	FSen	1	CHARWOOD AC
24	1264	37:44	Reed	Luke	M Sen	1	PURE ENDURANCE
25	1164	37:53	Sole	Amy	FSen	2	CORNWALL AC
26	1165	37:57	Sole	Paul	M35+	8	
27	1026	38:17	Landy	Tim	MSen	11	SOUTH WEST ROAD RUNNERS
28	976	38:19	Heckles	Peter	MSen	12	TEIGNBRIDGE TROTTERS
29	1093	38:24	Osborne	Joe	MSen	13	HALDON TRAIL RUNNERS
30	1166	38:31	Spayne	Dominic	M35+	9	MAVERICK RUNNERS
31	1022	38:36	Kirk	Jim	M35+	10	BIDEFORD AAC
32	1210	38:39	Trelease	David	M35+	11	
33	802	38:49	Aldous	Callum	MSen	14	CHICHESTER WESTGATE TRIATHLON CLUB
34	1261	38:56	Arnel	Charlie	FSen	3	TORBAY AC
35	1010	38:59	Johnstone	Sharon	F40+	2	WILMSLOW RUNNING CLUB
36	1111	39:05	Prisk	Matt	MSen	15	EXETER HARRIERS
37	982	39:36	Hewer	Matthew	M35+	12	AXE VALLEY RUNNERS
38	860	39:38	Vicary	Harry	MSen	16	-
39	1218	39:39	Vials	Tim	M50+	3	SOUTH WEST ROAD RUNNERS
40	1053	39:42	Martin	Steve	M40+	3	
41	908	39:47	Denson	Simon	M45+	1	RUNNING FOREVER RUNNING CLUB
42	915	39:57	Dolezel	Jan	M35+	13	HALDON TRAIL RUNNERS
43	1237	40:09	White	Nathan	M35+	14	HALTON TRAIL RUNNERS
44	1189	40:28	Taunton	Hannah	FSen	4	TAUNTON ATHLETIC CLUB
45	1045	40:29	Macdonald	Alex	MSen	17	
46	1031	40:44	Lea	Ian	M40+	4	
47	938	40:48	Fanthorpe	William	MSen	18	
48	871	41:04	Chant	Simon	M40+	5	EXETER TRIATHLON CLUB
49	821	41:18	Baugh	Daniel	MSen	19	STORM PLYMOUTH
50	1222	41:21	Wakefield	Edmund	M35+	15	SALE HARRIERS MANCHESTER

51	1122	41:24	Riches	Sam	MSen	20	TEIGNBRIDGE TROTTERS
52	845	41:37	Brooks	Melanie	F40+	3	DAWLISH COASTERS
53	961	41:41	Grubb	Ben	M45+	2	
54	1017	41:45	Rostron	John	MSen	21	
55	1008	41:48	Jeary	Ivan	M45+	3	UKNETRUNNER.CO.UK
56	1068	41:56	Barber	Miriam	FSen	5	PLYMOUTH HARRIERS
57	934	42:21	Lake	Emma	F40+	4	ERME VALLEY HARRIERS
58	1063	42:25	Mceneny	Martin	M45+	4	HALDON TRAIL RUNNERS
59	1262	42:28	Rooke	Adam	M40+	6	0
60	1209	42:34	Trelease	Richard	MSen	22	
61	952	42:39	German	Harry	MU20	1	SOUTH WEST ROAD RUNNERS
62	1193	42:55	Thomas	Andrew	MSen	23	EXETER TRI CLUB
63	1071	43:06	Mervyn	Chris	M40+	7	
64	921	43:15	Dumpleton	Ed	M40+	8	OKEHAMPTON RUNNING CLUB
65	1056	43:16	Masters	Nick	M50+	4	HAYLE RUNNERS
66	1088	43:22	Taylor	Richard	M55+	1	PLYMOUTH HARRIERS
67	996	43:25	Honey	Lewis	MSen	24	0
68	1226	43:33	Watkins	Karen	F45+	1	MAVERICKS
69	832	43:43	Bingham	James	M35+	16	SOUTH WEST ROAD RUNNERS
70	1132	43:50	Rowe	Alex	MSen	25	
71	1271	43:53	Everidge	James	MSen	26	SWRR
72	1049	43:54	Macmillan	Andy	M45+	5	SOUTH WEST ROAD RUNNERS
73	1145	43:55	Saunders	James	M50+	5	
74	1153	44:03	Sharrocks	Mark	M40+	9	
75	866	44:05	Caswell	John	M60+	1	SWRR
76	809	44:05	Arscott	Nathan	MSen	27	
77	836	44:11	Board	Anthea	F50+	1	HALDON TRAIL RUNNERS
78	1167	44:15	Spayne	Lorna	F35+	1	
79	1136	44:20	Rudling	Nick	MSen	28	
80	1215	44:20	Tyler	Daniel	MSen	28	
81	1272	44:22	Chann	Jake	MSen	30	SWRR
82	953	44:23	German	Fiona	FU20	1	SOUTH WEST ROAD RUNNERS
83	949	44:26	Gablinger	Ynon	M45+	6	
84	903	44:30	Davies	Graham	M45+	7	
85	1220	44:34	Vincent	Scott	M50+	6	
86	970	44:36	Havill	Martin	M60+	2	EXETER HARRIERS
87	1100	44:40	Peacock	Christopher	M35+	17	WEST 4
88	925	44:53	Easton	Julian	M40+	10	
89	1126	45:06	Robinson	Nick	M40+	11	TORBAY AAC
90	941	45:10	Ferris	Kieran	MSen	31	SOUTH WEST ROAD RUNNERS
91	863	45:11	Carr	Paul	M35+	18	
92	977	45:15	Hedges	Julie	F55+	1	SOUTHWEST ROADRUNNERS
93	980	45:28	Herd	Lee	M35+	19	
94	1036	45:31	Lillicrap	Rob	M50+	7	
95	1246	45:32	Wood	Glenn	M50+	8	EAST CORNWALL HARRIERS
96	902	45:37	Davey	Phil	M55+	2	
97	1231	45:43	Welch	Matt	MSen	32	
98	1150	45:44	Shalders	David	M35+	20	PLYMOUTH HARRIERS
99	975	45:44	Hayward	Ian	M55+	3	TORBAY AAC
100	979	45:51	Hempstead	Brian	M45+	8	
101	954	45:51	Gifford	Jordan	MSen	33	
102	890	46:00	Coombes	Elizabeth	FSen	6	PLYMOUTH HARRIERS
103	1113	46:15	Qualter	Gary	M50+	9	
104	983	46:16	Hill	Susan	F55+	2	EXMOUTH HARRIERS
106	1087	46:17	Murray	John	M40+	12	PLYMOUTH HARRIERS
105	1183	46:17	Synge	Tim	M50+	10	WESTBURY HARRIERS
107	817	46:17	Barnes	Harry	MSen	34	
108	1181	46:34	Sweet	Rob	M40+	13	
109	1197	46:49	Thomson	Benjamin	MSen	35	0

110	1011	46:56	Johnstone	Oliver	M45+	9	
111	1177	47:00	Stone	Richard	M35+	21	SOUTH WEST ROAD RUNNERS
112	1214	47:03	Tuvey	Jason	M35+	22	
113	1060	47:08	Mayne	Nathan	M35+	23	
115	879	47:13	Clode	Adrian	M50+	11	SIDMOUTH RUNNING CLUB
114	826	47:13	Belt	Keith	M70+	1	SOUTH DEVON AC
116	955	47:14	Golesworthy	Richard	M60+	3	
117	972	47:15	Hawkins	Paula	F40+	5	EXMOUTH HARRIERS
119	1099	47:18	Partridge	Ian	M40+	14	SOUTH WEST ROAD RUNNERS
118	852	47:18	Bunyan	Peter	M65+	1	SOUTH WEST VETS AC
120	1054	47:21	Marvin	Sarah	F40+	6	OKEHAMPTON RUNNING CLUB
121	819	47:23	Bartlett	Terry	M55+	4	PLYMOUTH HARRIERS
122	888	47:29	Cook	Karen	F60+	1	SWRR
123	978	47:38	Hempstead	Louise	F40+	7	EXMOUTH HARRIERS
124	1171	47:41	Sterry	Ethan	MU20	2	
125	944	47:45	Fletcher	Sarah	F45+	2	EXMOUTH RUNNING BELLES
126	862	47:46	Campbell	Katy	F40+	8	HONITON RC
127	1275	47:47	Baker	Kate	F35+	2	EXMOUTH HARRIERS
128	1267	47:47	Barrett	Phil	MSen	36	0
129	990	47:53	Hodgdon	Simon	M45+	10	
130	932	47:57	Evans	Kirsty	FSen	7	
131	881	48:06	Collier	Stephen	M40+	15	SWRR
132	1254	48:08	Yoxall	Gareth	M40+	16	
133	839	48:24	Boylin	Kellie	FSen	8	PLYMOUTH HARRIERS
134	1023	48:28	Kraemer	Marcel	M40+	17	PHYSICISTS ON SPEED
135	801	48:32	Adger	Neil	M50+	12	SOUTH WEST ROAD RUNNERS
136	1041	48:38	Lockhart	Marlon	M40+	18	
137	899	48:44	Dallas	Simon	M35+	24	
138	1230	48:44	Weir	Marten	MSen	37	
139	808	48:48	Arkell	Tim	M40+	19	YOGI CYCLING CLUB
140	1160	48:51	Smith	Nick	MSen	38	
141	959	48:54	Green	Rebecca	F35+	3	
142	1125	48:56	McKenna	Claire	F35+	4	MAVERICK RUNNERS
143	895	48:57	Correia Morton	Giles	MSen	39	
144	1119	48:58	Randall	Sarah	FSen	9	
145	1094	49:05	Oster	Richard	M35+	25	
146	928	49:06	Edwards	Rob	M65+	2	SIDMOUTH RUNNING CLUB
147	911	49:09	Doe	Thomas	MU20	3	
148	1144	49:10	Sargent	Peter	M70+	2	NEWQUAY ROAD RUNNERS
149	815	49:12	Baker	Matt	MSen	40	CHARD ROAD RUNNERS
150	1103	49:19	Phelvin	Tamsin	F40+	9	TIVERTON HARRIERS
151	803	49:21	Allen	Charlotte	F40+	10	
152	812	49:23	Babbage	Claire	F40+	11	EXMOUTH RUNNING BELLES
153	1238	49:48	White	Ian	M45+	11	SWRR
154	997	49:49	Hooper	William	MSen	41	
155	1234	49:52	Wendon	Daniel	MSen	42	GREENBOW
156	859	49:55	Butler	Karl	MSen	43	
157	1179	49:57	Storkey	David	M45+	12	0
158	1162	50:04	Smith	Clinton	M50+	13	
160	1076	50:08	Mischke	Andre	M45+	13	PHYSICISTS ON SPEED
159	1269	50:08	Comptom	Luke	MSen	44	0
161	1040	50:11	Lloyd	Andrew	MSen	45	
162	935	50:15	Evans	Lucy	F40+	12	TEIGNBRIDGE TROTTERS
163	917	50:16	Dow	Gareth	M50+	14	SOUTH WEST ROAD RUNNERS
164	1034	50:17	Lee	Hania	F35+	5	MAVERICK RUNNERS
165	897	50:20	Crozier	Sara	F45+	3	TORBAY AAC
166	995	50:26	Holyoak	Mel	F40+	13	
167	929	50:31	Edwards	Alan	M40+	20	
169	1062	50:32	Mccann	Amanda	F40+	14	EXMOUTH RUNNING BELLES

168	905	50:32	Dawes	Jackie	F45+	4	OKEHAMPTON RUNNING CLUB
170	1059	50:37	Mayne	Lizzie	F35+	6	
171	1169	50:38	Staplehurst	John	M55+	5	
172	913	50:39	Hobbs	Laura	F35+	7	Exmouth Running Belles
173	1075	50:44	Mimms	Greg	MSen	46	GREENBOW RUNNING CLUB
174	1025	50:46	Lander	Richard	MSen	47	
175	885	50:50	Colwill	Helen	F45+	5	
176	946	50:50	France	Tyrone	MSen	48	
177	1123	50:55	Roberts	Simon	MSen	49	
178	898	51:03	Cruise	Lisa	FSen	10	
179	1201	51:07	Tomlins	Steve	M50+	15	
180	1002	51:08	Hudson	Keith	M55+	6	
181	1157	51:10	Sizer	Lucy	F40+	15	
182	1077	51:13	Moffat	Sarah	FSen	11	SOUTH WEST ROAD RUNNERS
183	1251	51:16	Wright	Mark	MSen	50	
184	951	51:23	Gentry	Catherine	F45+	6	
185	1224	51:26	Walters	Adrian	M50+	16	
186	909	51:32	Denson	Lisa	F50+	2	
187	889	51:32	Ward	Amy	FSen	12	MINEHEAD RC
188	1072	51:33	Cox	Graham	M40+	21	MAVERICK RUNNERS
189	1073	51:33	Miller	Paul	M45+	14	CREDITON RUNNING NETWORK
190	1055	51:37	Marvin	Nick	M55+	7	
191	1052	51:41	Marshall	Jim	M50+	17	0
192	1140	51:47	Salman	Yusra-Zara	FSen	13	SOUTH WEST ROAD RUNNERS
193	1203	51:48	Tosh	Suzie	F40+	16	SOUTH WEST ROAD RUNNERS
194	1185	51:52	Tait	Caroline	F50+	3	SOUTH WEST ROAD RUNNERS
195	868	52:01	Caught	Harry	MU20	4	
196	1159	52:08	Smith	Craig	MSen	51	PLYMOUTH COASTERS
197	1067	52:09	Mcguire	Paul	MSen	52	
198	1227	52:10	Watts	Louise	F50+	4	EXMOUTH RUNNING BELLES
199	806	52:20	Apps	Alison	FSen	14	
200	1242	52:22	Wilson	Raymond	M65+	3	TORBAY ATHLETIC CLUB
201	1000	52:25	Horton	Sarah	F45+	7	PLYMOUTH COASTERS
202	1245	52:27	Wood	Jonathan	MSen	53	
203	1172	52:28	Stevenson	Edwina	F50+	5	BIDEFORD AAC
204	849	52:29	Brown	Ricky	M50+	18	
205	1147	52:33	Scott	Jennie	F35+	8	EXMOUTH RUNNING BELLES
206	1228	52:39	Weeks	Craig	M35+	26	
207	1127	52:45	Rogers	Kate	F55+	3	TAVISTOCK AC
208	1202	52:46	Topping	Dean	M35+	27	
209	965	52:48	Hardacre	Jane	F50+	6	TAUNTON RUNNING CLUB
211	843	52:50	Brooks	Sophie	FSen	15	SOUTH WEST ROAD RUNNERS
210	1191	52:50	Tett	Phil	M50+	19	
212	1116	53:01	Ramm	Nick	M45+	15	EXMOUTH HARRIERS
213	1180	53:23	Surrey	Sally	FSen	16	
214	1047	53:33	Mackerness	Andrew	MSen	54	
216	1070	53:37	Medlock	Clare	F50+	7	EXMOUTH RUNNING BELLES
215	971	53:37	Hawkins	James	M50+	20	
217	1235	53:41	Whitcombe	Jane	F45+	8	
218	937	53:45	Everitt	Clare	F50+	8	
219	1212	53:47	Tupper	Sarah	FSen	17	
220	814	53:50	Baker	Graeme	M75+	1	TEIGNBRIDGE TROTTERS
221	1131	53:51	Rowe	Leonie	FSen	18	
222	1061	53:52	Mcbryan	Emma	F40+	17	EXMOUTH RUNNING BELLES
223	969	53:58	Haskins	Mark	M35+	28	TOLSKITHEY TRAIL RUNNERS
224	847	54:06	Brown	Hannah	FSen	19	TIVERTON HARRIERS
225	1195	54:11	Whitmarsh	Paul	M50+	21	SOUTH WEST ROAD RUNNERS
226	992	54:20	Hodgson	Kasia	F40+	18	
227	1058	54:25	Matthews	Elisabeth	FSen	20	

228	967	54:28	Hargreaves	Heather	F35+	9	
229	916	54:31	Douglas	Kay	F55+	4	EXMOUTH RUNNING BELLES
230	1030	54:32	Lawson	Kelly	F35+	10	GREENBOW RUNNING CLUB
231	1091	54:35	Olliver	Stuart	M45+	16	
232	1178	54:37	Stone	Simon	M40+	22	
233	1174	54:38	Stewart	Vicki	F40+	19	EXMOUTH RUNNING BELLES
234	1007	54:39	Jarrald	Asilah	F35+	11	HONITON RUNNING CLUB
235	876	55:00	Clark	Emma	FSen	21	LOOE PIONEERS
236	947	55:10	French	Chris	MSen	55	PLYMOUTH SPORTS CHARITY
237	931	55:13	Essame	Gabrielle	FSen	22	
238	927	55:21	Edwards	Louise	F45+	9	MICHELMORES
239	1069	55:26	Mcsweeney	Carol	F35+	12	
240	906	55:34	Daymond	Mary	F50+	9	SOUTH WEST ROAD RUNNERS
241	883	55:34	Colloby	Mike	M55+	8	
242	1138	55:51	Ryan	Peter	M60+	4	ILFORD ATHLETICS CLUB
243	878	55:55	Clarke	Jason	MSen	56	
244	1033	55:58	Lee	Lisa	F40+	20	
245	1248	56:24	Worbey	Jenny	FSen	23	
246	803	56:38	Allen	Charlotte	F40+	21	
247	968	56:43	Hart	John	M50+	22	DARTMOUTH AAC
248	1066	56:46	Mcgrigor	Alison	F50+	10	
249	824	56:48	Bellfield	Nick	M50+	23	
250	1247	56:49	Woodgates	Erin	F35+	13	
251	1232	56:51	Welchman	Goff	M65+	4	TAUNTON RFRC
252	1204	56:56	Toy	Hayley	F40+	22	
253	1236	56:59	White	Thomas	MSen	57	
254	1115	57:02	Ramirez	Ian	M40+	23	
255	1064	57:05	Mcgill	Beth	FSen	24	EXETER CITY RUN CLUB
256	958	57:06	Govier	Jonathan	M45+	17	
257	810	57:09	Arthur	Clare	F35+	14	
258	993	57:10	Holden	Rachael	FSen	25	BUY WITH CONFIDENCE
259	1079	57:20	Moore	Samantha	F40+	23	EXMOUTH BELLES
260	1190	57:27	Taunton	Gill	F60+	2	RUNNING FOR EVER CLUB
261	825	57:31	Belshaw	Julie	F45+	10	
262	1080	57:40	Morgan	Vic	M60+	5	
263	933	57:43	Evans	Scott	M35+	29	
264	1090	57:48	O'Connor	Jacob	MSen	58	
265	1170	58:02	Sterry	Martin	M40+	24	GREENBOW RUNNING CLUB
266	1186	58:14	Tait	Mark	M45+	18	
267	1082	58:15	Morgan	Glyn	M35+	30	0
268	1154	58:19	Sharrocks	Barbara	F60+	3	
269	964	58:29	Hall	Lisa	F40+	24	
270	948	58:33	Fullick	Terry	M55+	9	TIVERTON HARRIERS
271	1074	58:36	Milton	Steve	M55+	10	
272	901	59:17	Daubney	Tim	M55+	11	
273	891	59:20	Cooper	Jean	F45+	11	
274	842	59:21	Brookbank	Kate	F40+	25	
275	1048	59:29	Mackley	Louise	F50+	11	
276	920	59:31	Doyle	Richard	M45+	19	
277	984	59:38	Hill	Kirsty	F35+	15	
279	910	59:39	Dix	Philippa	F50+	12	
278	962	59:39	Haigh	Rachel	FSen	26	
280	1084	59:42	Morrison	Jennie	F40+	26	
281	1085	59:44	Morrison	Jason	M40+	25	
282	1168	59:46	Stanlake	Rebecca	F35+	16	
283	880	59:48	Cole	Dave	M45+	20	
284	807	59:59	Argyle	May	FSen	27	
285	1211	60:01	Tuckett	Richard	MSen	59	
286	914	60:15	Doidge	Emily	FSen	28	

287	829	60:16	Betty	Denise	FSen	29	INSTINCTIVE SPORTS
288	867	60:21	Caught	Jacqueline	F40+	27	
289	940	60:24	Fernandez De	Cristina	FSen	30	
290	1133	60:28	Rowland	Cally	F50+	13	EXMOUTH RUNNING BELLES
291	999	60:29	Horne	Lorraine	F50+	14	EXMOUTH RUNNING BELLES
292	873	60:41	Chapman	Jenny	F60+	4	
295	855	60:49	Burgin	Laura	FSen	31	
296	1149	60:51	Sene	Michael	M55+	12	
297	1148	60:52	Sene	Carol	F55+	5	WOTR
298	918	61:18	Dowden	Michelle	FSen	32	
299	1104	61:26	Philip	Larissa	FSen	33	
300	960	61:30	Greenhill	Laura	F45+	12	
301	1207	61:37	Treadwell	John	M55+	13	
293	1035	61:41	Levett	Ron	M65+	5	
302	1229	61:47	Weeks	Laura	FSen	34	
294	858	61:48	Bush	Mike	M40+	26	
303	922	61:52	Duncan	Emily	FSen	35	
304	923	61:59	Durman	Steph	FSen	36	
305	1112	62:00	Puzey	Mia	FSen	37	
306	945	62:02	Fletcher	Leane	FSen	38	
307	907	62:16	Dean	Sarah	F35+	17	
308	865	62:16	Carter	Joanne	F45+	13	N/A
310	1221	62:25	Vollentine	Katrina	F45+	14	RUN TORBAY
309	856	62:25	Burrow	Lisa	FSen	39	
311	834	62:44	Bloomfield	Ted	M70+	3	
312	848	62:45	Brown	Mak	M50+	24	
313	894	62:50	Hurford	Lizzie	FSen	40	
315	1176	62:51	Stockman	Glenn	M45+	21	
314	1121	62:51	Rice	Sean	M65+	6	
316	1161	62:54	Smith	Sue	F55+	6	
317	973	62:59	Hawkins	Louise	FSen	41	STORM PLYMOUTH
318	1192	63:26	Theobald	Ali	F65+	1	
319	991	63:46	Hodge	Jo	F40+	28	
320	1273	63:47	Cosford	Liz	F40+	29	0
321	1027	64:12	Lane	Nicola	F35+	18	
322	1028	64:12	Lane	Simon	M35+	31	
323	998	64:16	Hopkins	Tracy	F35+	19	PLYMOUTH HARRIERS
324	1032	64:38	Lee	Julie	F40+	30	
325	966	64:59	Harding	Michelle	F40+	31	
326	892	65:02	Cooper	Toby	F50+	15	SOUTH MOLTON STRUGGLERS
327	939	65:06	Faulkner	Susannah	FSen	42	
329	1019	65:07	Kessie	Emma	F35+	20	HEAVITREE RUNNING GROUP
328	1016	65:07	Kaya	Cara	F40+	32	
330	804	65:09	Andrews	Melody	F35+	21	
331	1128	65:36	Roccroft	Mike	M40+	27	
332	1249	65:38	Worth	Cassie	F45+	15	
333	1182	66:12	Swift	Barrie	M65+	7	PLYMOUTH HARRIERS
334	1219	66:18	Vials	Sharon	F50+	16	SOUTH WEST ROAD RUNNERS
335	981	66:19	Herd	Emma	F35+	22	
336	840	66:24	Braithwaite	Michelle	FSen	43	
337	1109	66:25	Pope	George	MSen	60	
338	1057	66:52	Matthews	Judy	F35+	23	
339	1095	67:02	Palmer	Karen	F50+	17	
340	963	67:23	Hall	Rebecca	FSen	44	TESCO EXMOUTH
341	1001	67:27	Howard	Chloe	FU20	2	
342	1065	67:38	McGovern	Louise	FSen	45	
343	1250	68:05	Wreford	Julie	F40+	33	
344	1005	68:06	Hyde	Matt	M40+	28	
345	1233	68:09	Welchman	Cathie	F65+	2	TAUNTON RFRC

346	820	68:22	Bassett	Catherine	F45+	16	PLYMOUTH HARRIERS
347	1089	68:26	Nicholson	Eleanor	FSen	46	
348	875	68:31	Chitty	Lynne	F50+	18	
349	1163	68:33	Smith	Owen	MU20	5	
350	1155	68:51	Shaw	Liz	F35+	24	
351	864	69:13	Carse	Fiona	F40+	34	
352	974	69:23	Hawkins	Helen	F40+	35	
353	1096	69:23	Palmer	Clare	F45+	17	
355	1200	69:46	Titchner	Holly	F35+	25	
354	861	69:46	Caesar	John	M40+	29	
357	1151	69:57	Shalders	Louise	F35+	26	PLYMOUTH HARRIERS
356	1018	69:57	Kerswill	Anna	FSen	47	PLYMOUTH HARRIERS
358	1102	70:14	Pfahler	Verena	FSen	48	
359	1268	70:14	Gongadze	Kate	FSen	48	0
360	1029	70:22	Law	Ann	F45+	18	CREDITON RUNNING NETWORK
361	1255	70:23	Bamber	Colette	FSen	50	0
362	841	70:31	Braund	Marion	F55+	7	CREDITON RUNNING NETWORK
363	1039	71:28	Lloyd	Emmy	F50+	19	
364	1009	71:39	Johnson	Natalie	FSen	51	
365	882	71:40	Collin	Anna	FSen	52	
366	1081	71:49	Morgan	Shane	M50+	25	
367	1050	72:54	Manfield	Sarah	F40+	36	
368	1158	73:42	Slaney	Sandra	F60+	5	PLYMOUTH HARRIERS
369	1139	73:42	Salisbury	Graeme	M50+	26	NORTH DEVON TRI
370	1004	74:33	Hurman	Luke	MSen	61	
371	1086	74:38	Mortimer	Hannah	FSen	53	
372	851	74:41	Bryant	Daniella	FSen	54	OKEHAMPTON RUNNING CLUB
373	853	74:42	Burden	Kim	FSen	55	
374	1274	74:43	Wang	Huaiyu	FSen	56	0
375	1083	77:17	Morris	Jamie	M40+	30	
376	1013	80:59	Joslin	Dan	MSen	62	
377	846	91:35	Brookshaw	Amanda	F50+	20	PLYMOUTH HARRIERS
378	1101	91:45	Pethick	Leesa	F45+	19	PLYMOUTH HARRIERS