



# RUN EXE SUMMER 5k SERIES

Round 3 : Tuesday 6th June 2017

## RESULTS

Pos	No	Time	Name	Cat	Cat Rank	Club	Spot Prize
1	524	0:16:10	Bershu Hadera	MSen	1	Exmouth Harriers	
2	522	0:16:23	Matthew Muscott	M35+	1	0	
3	353	0:16:23	Callum Crawford	MSen	2	Exeter Harriers	
4	465	0:16:29	Jamie Barnett	MU20	1	Teignbridge Trotters	
5	374	0:16:33	Francis Malone-Lee	M35+	2	0	
6	520	0:16:51	Owen Walpole	MSen	3	Exeter Harriers/Glasgow City	
7	361	0:17:18	Tc Chulu	MU17	1	Swrr	
8	471	0:17:23	Mike Musgrove	M45+	1	Exmouth Harriers	
9	469	0:17:52	Daryl Milford	M40+	1	Maverick Runners	
10	490	0:17:59	Will Austin	MU20	2	0	
11	391	0:18:00	Peter Heckles	MSen	4	Teignbridge Trotters	
12	366	0:18:09	Callum Aldous	MSen	5	Chichester Westgate Tri	
13	470	0:18:20	Jan Dolezel	M35+	3	Haldon Trail Runners	
14	454	0:18:32	Elizabeth Dyson	FSen	1	Haldon Trail Runners	
15	368	0:18:41	William Daly	MU17	2	Honiton Rc	
16	376	0:18:46	Alison Thorn	F40+	1	Erme Valley Harriers	
17	419	0:18:54	Ian Lea	M40+	2	0	
18	352	0:18:57	Matt Prisk	MSen	6	Exeter Harriers	
19	497	0:18:58	Ben Bliss	MU20	3	0	
20	392	0:19:08	Nicky Savill	FSen	2	SWRR	Yes
21	340	0:19:15	Steve Martin	M40+	3	0	
22	371	0:19:16	Martin Brace	M45+	2	Tiverton Harriers	
23	403	0:19:22	Will Spencer	MU17	3	Tiverton Harriers	
24	473	0:19:23	James Sellek	MU20	4	0	
25	482	0:19:25	Suzy Rushforth	F40+	2	SWRR	
26	479	0:19:28	Dominic Spayne	M35+	4	Maverick Runners	
27	305	0:19:30	Harry German	MU20	5	SWRR	
28	418	0:19:32	Nathan White	MSen	7	Haldon Trail Runners	
29	314	0:19:34	Alan Ledger	M35+	5	Tiverton Harriers	

\*If you've won a spot prize it will be available for collection at rd 4 on the 4th July



David Lloyd

CLUBS



exeter college



Exeter's great west run

15TH OCTOBER 2017



Le Prix de la combativité

30	515	0:19:49	Henry Hamilton-Gould	M35+	6	London Heathside AC	
31	508	0:19:51	Jay Andrews	MSen	8	Tiverton Harriers	
32	396	0:19:53	Alistair Ferguson	MSen	9	SWRR	
33	521	0:20:01	James Morrison	M40+	4	Tiverton Harriers	
34	365	0:20:26	Ioan Davies	MU20	6	0	
35	474	0:20:28	Chris Sharp	M35+	7	SWRR	
36	504	0:20:35	Ethan Sterry	MU20	7	Greenbow running club	Yes
37	514	0:20:36	Martin McEneny	M45+	3	Haldon Trail Runners	
38	344	0:20:38	Andrew Johnson	M50+	1	Exmouth Harriers	
39	300	0:20:43	Des White	M60+	1	Exmouth Harriers AAC	
40	517	0:20:45	John Caswell	M60+	2	SWRR	
41	389	0:20:48	Richard Kemp	M45+	4	Tiverton Harriers	
42	445	0:20:51	Jeff Bardell	M35+	8	0	
43	417	0:20:52	Dan Grey	M35+	9	Haldon Trail Runners	
44	424	0:20:54	Jake Chan	MSen	10	SWRR	
45	351	0:20:55	Rob Sweet	M40+	5	0	
46	324	0:20:57	Anthea Board	F50+	1	Haldon Trail Runners	
47	478	0:21:00	Stephen Sirdefield	M55+	1	Tiverton Harriers	
48	516	0:21:06	Tom Woodman	M45+	5	Dawlish Coasters	
49	489	0:21:10	Jo Pearce	F45+	1	SWRR	
50	420	0:21:14	Matthew Gauld	M40+	6	0	
51	312	0:21:16	Emilie Lewis	F35+	1	0	Yes
52	402	0:21:18	Phil Spencer	M50+	2	Tiverton Harriers	
53	513	0:21:31	Nick Smith	MSen	11	Sidmouth Running Club	
54	388	0:21:34	Lewis Jones	M65+	1	SWRR	
55	427	0:21:40	Richard Stone	M35+	10	South West Road Runners	
56	523	0:21:46	Craig Hobson	M40+	7	Teignbridge Trotters	
57	331	0:21:53	Jeffrey Curd	M50+	3	Tiverton Harriers	
58	494	0:22:05	Paul Carr	M35+	11	0	
59	530	0:22:20	Sam Burton	M35+	12	0	
60	421	0:22:24	Karen Cook	F55+	1	SWRR	
61	518	0:22:25	Aby Sampson	MSen	12	Tiverton Harriers	
62	412	0:22:26	Len Oconnel	M60+	3	Tiverton Harriers	
63	356	0:22:28	Jenny Reay	F55+	2	Exeter Tri	
64	426	0:22:30	Stephen Collier	M40+	8	SWRR	
65	512	0:22:57	Zane Steers	M45+	6	Maverick Runners	Yes
66	519	0:22:59	Aidan Bown	MU13	1	0	
67	436	0:23:13	Rob Edwards	M60+	4	Sidmouth Running Club	
68	310	0:23:17	Charles Lee	M35+	13	0	
69	319	0:23:26	Peter Bunyan	M65+	2	South West Vets AC	
70	404	0:23:41	Bob Small	M65+	3	Newton Abbot Ac	
71	309	0:24:03	Yusra-Zara Salman	FSen	3	South West Road Runners	
72	496	0:24:09	Dave Eveleigh	M60+	5	Exmouth Harriers	



Exeter's  
great west run

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73	468	0:24:15	Hania Lee	F35+	2	Mavericks Runners	
74	438	0:24:16	Kellie Delve	F50+	4	0	Le Prix de la combativité
75	311	0:24:17	Sarah Moffat	F50+	5	South West Road Runners	
76	527	0:24:23	Adam England	M35+	14	0	
77	425	0:24:33	Hugh Slater	M35+	15	0	
78	526	0:24:34	Caroline Tait	F50+	2	SWRR	
79	413	0:24:35	Nicki Ashworth	F45+	2	0	
80	525	0:24:43	Joseph Reynolds	M50+	4	0	
81	301	0:24:45	Alison White	F60+	1	Exmouth Harriers AAC	
82	481	0:25:00	Jim Mouat	M65+	4	Haldon Trail Runners	
83	529	0:25:13	Richard Tuckett	MSen	13	0	
84	511	0:25:15	Sharon Wells	F50+	3	Honiton RC	
85	528	0:25:38	Rose Elliott	F45+	3	SWRR	
86	503	0:25:43	Sharon Davies	F40+	3	Crediting running network	
87	394	0:27:07	Hayley Toy	F40+	4	0	
88	502	0:27:29	Martin Sterry	M40+	9	Greenbow running club	
89	446	0:30:05	Amy Tucker	F35+	3	0	Yes
90	499	0:30:06	Jo Harvey	F45+	4	Heavitree Running Club	
91	321	0:31:31	Shelley Kelly	F40+	5	0	
92	500	0:32:56	Nichola Martin	F40+	6	Heavitree Running Club	
93	416	0:32:57	Anne-Marie Baker	F45+	5	0	
94	507	0:34:02	Bethan Knight	F50+	6	0	
95	433	0:34:15	Kevin Partridge	M45+	7	0	
96	506	0:34:36	Jenna Berry	F50+	7	0	
97	498	0:34:37	Sarah Plowman	F45+	6	Heavitree Running Group	
98	434	0:39:10	Beverley McCrae	F50+	8	0	
99	462	0:47:23	Christine Flaxman	F45+	7	0	Yes
100	461	0:47:25	Claire Heaver	F50+	4	Heavitree Running Club	Yes





