



RUN EXE SUMMER 5k SERIES

Round 5 : Tuesday 1st August 2017

RESULTS

Pos	No	Time	Name	Cat	Cat Rank	Club	Spot Prize
1	605	0:14:59	Tom Merson	MSen	1	Exmouth Harriers	
2	581	0:15:32	Andrew Chambers	MSen	2	0	
3	586	0:16:22	Jordan Andrews	MSen	3	Plymouth Harriers	
4	367	0:16:37	Ollie Thorogood	MSen	4	Aberystwyth Ac	
5	374	0:16:46	Francis Malone-Lee	M35+	1	0	
6	546	0:16:51	Stephen Goss	M45+	1	Bristol and West AC	
7	353	0:16:51	Callum Crawford	MSen	5	Exeter Harriers	
8	485	0:17:11	Jordan Hewitt	MSen	6	0	
9	603	0:17:19	Andrew Perry	M45+	2	Erme Valley Harriers	
10	369	0:17:20	Matthew Menary	MSen	7	Haldon Trail Runners	
11	587	0:17:28	Thomas Curtis	MSen	8	0	
12	479	0:17:31	Dominic Spayne	M35+	2	Maverick Runners	Yes
13	608	0:17:40	Thomas Bayley	MU20	1	0	
14	423	0:17:42	Joe Osborne	MSen	9	Haldon Trail Runners	
15	490	0:17:48	Will Austin	MU20	2	0	
16	411	0:17:49	Sam Yearling	MU15	1	Erme Valley Harriers	
17	448	0:17:56	Harry Mills	MSen	10	Exeter harriers	
18	391	0:17:57	Peter Heckles	MSen	11	Teignbridge Trotters	
19	598	0:18:02	Richard Drage	M55+	1	Tavistock AC	
20	470	0:18:04	Jan Dolezel	M35+	3	Haldon Trail Runners	Le Prix de la combativité
21	549	0:18:05	KATIE SYNGE	FSen	1	CHARWOOD AC	
22	444	0:18:11	David Trelease	M35+	4	0	Yes
23	591	0:18:12	Craig Bradbury	M40+	1	Sale Harriers Manchester	
24	361	0:18:21	Tc Chulu	MU17	1	Swrr	
25	602	0:18:26	Joseph Perry	MU17	2	Erme Valley Harriers	

*If you've won a spot prize it will be available for collection at rd 6 on the 5th Sept



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26	607	0:18:27	Nigel Plaskitt	M45+	3	Wolds Veteran Runners Club	
27	454	0:18:29	Elizabeth Dyson	FSen	2	Haldon Trail Runners	
28	600	0:18:40	Chris Walker	M40+	2	Mendip Athletics Club	
29	419	0:18:45	Ian Lea	M40+	3	0	
30	354	0:18:47	Tony Arnell	M50+	1	Torbay AC	
31	606	0:18:48	Steve Burrows	M40+	4	0	
32	599	0:18:49	Kerry Roberts	M55+	2	Tiverton Harriers	
33	376	0:18:51	Alison Thorn	F40+	1	Erme Valley Harriers	
34	601	0:19:16	Andy Thompson	M45+	4	0	
35	570	0:19:18	Neil Castree	M45+	5	Maverick Runners	
36	597	0:19:29	Simon Wadey	M55+	3	Torbay AC	
37	396	0:19:32	Alister Ferguson	MSen	12	SWRR	Yes
38	358	0:19:39	Ian Lynch	M55+	4	Haldon Trail Runners	
39	305	0:19:46	Harry German	MU20	3	SWRR	
40	403	0:19:51	Will Spencer	MU17	3	Tiverton Harriers	
41	408	0:19:53	Brian Sanson	M50+	2	Exmouth Harriers	
42	320	0:19:59	Barry Frost	M55+	5	SWRR	
43	334	0:20:02	Hannah Bown	F35+	1	Exmouth harriers	
44	579	0:20:15	Rory Barrow	MSen	13	0	
45	514	0:20:16	Martin McEneny	M45+	6	Haldon Trail Runners	
46	592	0:20:20	Ash Voralia	MSen	14	0	Yes
47	344	0:20:21	Andrew Johnson	M50+	3	Exmouth Harriers	
48	325	0:20:23	Jim Durston	M50+	4	South West Road Runners	
49	300	0:20:27	Des White	M60+	1	Exmouth Harriers AAC	
50	424	0:20:29	Jake Chan	MSen	15	SWRR	
51	540	0:20:33	Ryan Lucas	MSen	16	0	
52	574	0:20:34	Jonathan Major	M35+	5	SWRR	
53	596	0:20:36	Graydon Widdicombe	M40+	5	Teignbridge Trotters	
54	476	0:20:50	Nick Robinson	M40+	6	Torbay AAC	
55	611	0:20:56	Jonson Kitchin	M35+	6	0	
56	512	0:20:59	Zane Steers	M45+	7	Maverick Runners	
57	494	0:21:03	Paul Carr	M35+	7	0	
58	516	0:21:03	Tom Woodman	M45+	8	Dawlish Coasters	
59	351	0:21:06	Rob Sweet	M40+	7	0	
60	350	0:21:07	Luke Holway	M50+	5	Tiverton Harriers	
61	388	0:21:08	Lewis Jones	M65+	1	SWRR	
62	306	0:21:15	Fiona German	FU17	1	SWRR	
63	359	0:21:19	Ian Dabbs	M45+	9	Exeter Tri	
64	412	0:21:24	Len Oconnel	M60+	2	Tiverton Harriers	Yes



Exeter's
great west run

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65	310	0:21:30	Charles Lee	M35+	8	0		
66	402	0:21:38	Phil Spencer	M50+	6		Tiverton Harriers	
67	604	0:21:41	Kieran Ferris	MSen	17		SWRR	
68	593	0:21:42	Steve Matthews	M50+	7	0		
69	389	0:21:42	Richard Kemp	M45+	10		Tiverton Harriers	
70	594	0:21:49	Julie Hedges	F55+	1		SWRR	
71	302	0:21:51	Hannah Jones	F40+	2		Teignbridge Trotters	
72	610	0:21:53	William Ahl	MU20	4		Bangkok Bangers	
73	576	0:22:09	Daniel Ahl	M45+	11		Bangkok Bangers	
74	331	0:22:09	Jeffrey Curd	M50+	8		Tiverton Harriers	
75	336	0:22:15	Tim Synge	M50+	9		Westbury Harriers	
76	426	0:22:16	Stephen Collier	M40+	8		SWRR	
77	364	0:22:26	Linda Dabbs	F45+	1		Exeter Tri	
78	469	0:22:27	Daryl Milford	M40+	9		Maverick Runners	
79	421	0:22:32	Karen Cook	F55+	2		SWRR	
80	583	0:22:37	Gian Zender	M45+	12	0		
81	319	0:22:58	Peter Bunyan	M65+	2		South West Vets AC	
82	436	0:23:07	Rob Edwards	M60+	3		Sidmouth Running Club	
83	595	0:23:30	Rosie Glazier	FSen	3		SWRR	Yes
84	438	0:23:34	Kellie Delve	FSen	4	0		
85	585	0:23:34	Ian Russell	M45+	13		Heavitree Running	
86	425	0:23:49	Hugh Slater	M35+	9	0		
87	311	0:23:50	Sarah Moffat	FSen	5		South West Road Runners	Le Prix de la combativité
88	496	0:23:54	Dave Eveleigh	M60+	4		Exmouth Harriers	
89	468	0:23:56	Hania Lee	F35+	2		Mavericks Runners	
90	481	0:24:01	Jim Mouat	M70+	1		Haldon Trail Runners	
91	532	0:24:18	Phil Thomas	M35+	10		South West Road runners	
92	589	0:24:34	Alasdair James	M55+	6	0		
93	413	0:24:37	Nicki Ashworth	F45+	2	0		
94	301	0:24:40	Alison White	F60+	1		Exmouth Harriers AAC	
95	309	0:24:42	Yusra-Zara Salman	FSen	6		South West Road Runners	
96	475	0:25:02	John Kavanagh	M50+	10		SWRR	
97	584	0:25:54	Hannah Matthews	FSen	7	0		
98	588	0:27:29	Lucy James	FSen	8	0		
99	590	0:27:36	Alexander James	MSen	18	0		
100	432	0:27:46	Hylida Stewart	F55+	3		Clydesdale Harriers	
101	321	0:28:40	Shelley Kelly	F40+	3	0		Yes
102	609	0:28:54	Mark Jelley	M50+	11		SWRR	
103	433	0:30:16	Kevin Partridge	M45+	14	0		



David Lloyd
CLUBS



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