



# RUN EXE SUMMER 5k SERIES

Round 1 : Tuesday 14th April 2015

## RESULTS

Pos	No	Time	Name	Cat	Club	Spot Prize
1	231	0:15:30	Owen Walpole	M Sen	Cambuslang Harriers	
2	256	0:16:20	Shaun Johnson	M U20	Exeter Harriers	
3	204	0:16:27	Francic Malone-Lee	M 35+	0	
4	259	0:16:35	Jason Drew	M U20	Bristol & West AC	
5	280	0:16:44	Christian Hewitt	M U20	Tiverton Harriers	
6	244	0:16:45	Jody Bee	M 35+	SWRR	
7	270	0:16:46	Arran Tocknell	M Sen	Torbay AC	
8	258	0:17:12	Sam Hopton	M Sen	SWRR	Yes
9	234	0:17:39	Richard Drage	M 55+	Tavistock AC	
10	243	0:17:43	James Bamber	M 40+	0	
11	230	0:17:46	Kerry Roberts	M 50+	Tiverton Harriers	
12	219	0:17:51	Lewis Brown	M Sen	Harwich Runners	
13	235	0:17:56	Owen Drage	M Sen	Tavistock AC	
14	252	0:18:07	James Benham	M Sen	SWRR	
15	224	0:18:09	David Lobb	M Sen	East Cornwall Harriers	
16	284	0:18:11	Tim Vialls	M 50+	SWRR	
17	198	0:18:11	Gary Standinger	M Sen	Bristol and West AC	
18	271	0:18:12	Nick Casey	M 45+	Crediton Running Network	
19	222	0:18:14	Paul Thomas	M 55+	SWRR	
20	212	0:18:17	Serane Stone	F 35+	Tiverton Harriers	Yes
21	248	0:18:23	Jan Dolezel	M Sen	Haldon Trail Runners	
22	207	0:18:30	David Trelease	M Sen	0	
23	253	0:18:37	Jamie Tinniswood	M 35+	Tiverton Harriers	
24	250	0:18:38	Martin Brace	M 45+	Tiverton Harriers	
25	254	0:18:40	Chris Dupain	M Sen	Exmouth Harriers	
26	218	0:18:41	Simon Wadey	M 50+	Woodford Athletic	
27	229	0:18:42	Jamie Barnett	M U20	Teignbridge Trotters	
28	279	0:18:46	Ellen Harrison	F Sen	Bristol & West AC	
29	233	0:18:54	Martyn Ellis	M 35+	0	

\*If you've won a spot prize it will be available for collection at rd 2 on the 5th May (only).



30	184	0:18:56	Paul Morgan	M Sen	0	
31	274	0:18:58	Mike Pearce	M Sen	SWRR	
32	225	0:18:59	Michelle Cowley	F Sen	SDAC	
33	263	0:19:24	Harvey Thompson	M U15	Exeter Harriers	
34	215	0:19:26	Rob Pollard	M 35+	0	
35	238	0:19:27	Stephen Sirdefield	M 50+	Tiverton Harriers	
36	249	0:19:28	Peter Belcher	M 40+	Haldon Trail Runners	Yes
37	255	0:19:28	Richard Bishop	M 45+	Exmouth Harriers	
38	180	0:19:29	Nicky Savill	F Sen	SWRR	
39	277	0:19:30	Alistair Ferguson	M Sen	SWRR	
40	242	0:19:34	Kevin Ashworth	M 45+	Lytham St Annes Road Runners	
41	276	0:19:42	Hannah Bown	F 35+	Exmouth Harriers	
42	197	0:19:43	Alan Ledger	M 35+	Tiverton Harriers	
43	245	0:19:47	Steve Lang	M 60+	South West Vets AC	
44	241	0:19:49	Katherine Humphreys	F Sen	Tiverton	
45	286	0:19:59	Harry German	M U17	SWRR	
46	186	0:20:01	Jimmy Jones	M Sen	0	
47	273	0:20:02	Shaun McKernan	M U15	Torbay AC	
48	217	0:20:07	Charlotte Weedon	F Sen	Haldon Trail Runners	Yes
49	285	0:20:10	Martyn Breslan	M 35+	Torbay AC	
50	272	0:20:11	Oakley James	M U15	Torbay AC	
51	283	0:20:12	Steve Selley	M 50+	Honiton RC	
52	287	0:20:17	Ben White	M Sen	Exmouth Harriers	
53	269	0:20:20	Madeleine Roche	F U17	Exeter Harriers	
54	264	0:20:30	Michelle Ellis	F 35+	Exeter Harriers	
55	266	0:20:32	Phil Spencer	M 50+	Tiverton Harriers	
56	257	0:20:44	Scott Jordan	M U20	Exmouth Harriers	
57	203	0:20:45	Stephen Wilbraham	M 45+	Torbay Athletic Club	Yes
58	260	0:20:46	Karen Cook	F 55+	SWRR	
59	200	0:21:12	Phoebe Killen	F U17	Exeter Harriers	
60	289	0:21:21	James Spencer	M Sen	Roman Gladiators	
61	202	0:21:23	Andrea Matthews-Stroud	F 40+	0	
62	228	0:21:25	Andejus Ageicikas	M Sen	Nike Run Club	
63	227	0:21:39	Andrew Haydon	M 50+	SWRR	
64	210	0:21:41	Olivia Rowlings	F U17	Newton Abbot AC	Yes
65	226	0:21:55	Julie Hedges	F 50+	SWRR	
66	290	0:21:59	James Payne	M Sen	Roman Gladiators	
67	183	0:22:11	Tracy Bennett	F 40+	SWRR	
68	247	0:22:27	Mark De Souza	M 45+	0	
69	239	0:22:28	Julie Towers	M 50+	Launceston Road Runners	
70	182	0:22:34	William Aczel	M U17	0	
71	201	0:22:35	James Wilbraham	M Sen	0	
72	187	0:23:01	Claire Gregory	F Sen	0	



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73	282	0:23:12	Nicki Ashworth	F 45+	0	Yes
74	267	0:23:23	Amelia Hall	F 45+	Torbay AC	
75	213	0:23:26	Lauren Burd	F U15	0	
76	196	0:23:41	Hylida Stewart	F 55+	Clydesdale Harriers	
77	206	0:23:47	Malgorzata Musialik	F 35+	0	
78	278	0:23:51	Nigel Dupain	M 60+	Exmouth Harriers	
79	275	0:23:51	Andy Bown	M 40+	0	
80	189	0:23:53	Adam Sheffield	M 35+	0	
81	209	0:23:55	Amanda Rowings	F 45+	Newton Abbot AC	
82	221	0:24:42	Peter Bunyan	M 60+	0	
83	262	0:25:05	Angela Thompson	F 45+	Teign Valley	
84	265	0:25:07	Eryn Hooper	F Sen	Sweatshop Exeter	
85	205	0:25:10	Tamsin Phelvin	F 35+	Tiverton Harriers	
86	261	0:25:11	Kate McIntosh	F Sen	Nike	
87	188	0:25:13	Andrew Bibey	M Sen	0	
88	246	0:25:16	Debra Lee	F Sen	Nike Run Club	Yes
89	216	0:25:36	Alison Hydon	F 35+	0	
90	223	0:26:14	Kate Rogers	F 55+	Tavistock AC	
91	237	0:26:22	Beverley Holloway	F 40+	SWRR	
92	208	0:26:24	Samantha Townsend	F 35+	0	
93	236	0:26:32	Eileen Sanders	F 55+	Tiverton Harriers	
94	240	0:27:04	Gusra-Zara Salman	F Sen	Nike Run Club	
95	281	0:28:10	Richard Hein	M 40+	0	
96	199	0:28:50	Emma Hughes	F Sen	0	
97	268	0:28:50	Susan Roche	M 50+	Teign Valley	
98	211	0:30:12	Anne-Marie Baker	F 40+	0	
99	288	0:30:21	Stephen Romanski	M 40+	Roman Gladiators	
100	214	0:31:16	Janice Hindley	F 55+	0	Yes
101	251	0:31:36	Dean Cashmore	M 50+	0	
102	220	0:36:44	Dennis Comissar	M 70+	Torbay	
103	193	0:41:50	Andrew Smith	M U20	0	
104	192	0:41:51	Emily Smith	F Sen	0	



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