

RUN EXE SUMMER 5k SERIES

IRONBRIDGE RUNNER EVENTS promotion

Round 5 : Tuesday 5th August 2014

PROVISIONAL RESULTS

| Pos | Race No | Time | Name | Cat | Club |
|-----|---------|---------|-----------------------|-----|----------------------|
| 1 | 197 | 0:15:50 | Andy Chambers | SM | Bristol & West Ac |
| 2 | 72 | 0:15:52 | Jason Drew | M17 | Sidmouth Rc |
| 3 | 48 | 0:16:35 | Angus Menter | M40 | Haldon Trail Runners |
| 4 | 119 | 0:16:37 | Kevin Squibb | M40 | Tiverton Harriers |
| 5 | 230 | 0:16:41 | Stephen Goss | M45 | Bristol & West AC |
| 6 | 145 | 0:16:59 | Peter Fletcher | SM | Exmouth Harriers |
| 7 | 229 | 0:16:59 | Gerko Floor | SM | 0 |
| 8 | 154 | 0:17:01 | Ian Patchett | SM | 0 |
| 9 | 234 | 0:17:12 | Martin Colwill | M45 | Bideford AAC |
| 10 | 44 | 0:17:17 | Jody Bee | SM | Swrr |
| 11 | 221 | 0:17:53 | Tim Lenton | M40 | Axe Valley Runners |
| 12 | 148 | 0:18:03 | Mike Feighan | M45 | SWRR |
| 13 | 140 | 0:18:06 | Tom Bates | SM | Haldon Trail Runners |
| 14 | 10 | 0:18:22 | Jon Garrity | M40 | Exmouth Harriers |
| 15 | 18 | 0:18:31 | Kerry Roberts | M50 | Tiverton Harriers |
| 16 | 35 | 0:18:35 | Chris Dupain | SM | Exmouth Harriers |
| 17 | 238 | 0:18:49 | Laurence Kidd | SM | Haldon Trail Runners |
| 18 | 159 | 0:18:52 | Jamie Barnett | M16 | Teignbridge Trotters |
| 19 | 231 | 0:18:54 | Lluis Oliver | SM | 0 |
| 20 | 190 | 0:18:54 | Julian Cabrera | M45 | SWRR |
| 21 | 1 | 0:18:56 | Martyn Ellis | SM | 0 |
| 22 | 203 | 0:18:58 | Steven Slade | M40 | SWRR |
| 23 | 38 | 0:19:16 | Michael Pearce | SM | Swrr |
| 24 | 237 | 0:19:19 | Ellen Harrison | SF | Bristol & West AC |
| 25 | 69 | 0:19:22 | Alistair Ferguson | SM | Swrr |
| 26 | 244 | 0:19:29 | Carlos Lozano-Quidada | SM | 0 |
| 27 | 7 | 0:19:31 | Chris Chappell | M50 | Exeter Tri |
| 28 | 212 | 0:19:40 | Richard Bishop | M45 | Exmouth Harriers |
| 29 | 12 | 0:19:44 | Martin Brace | M40 | Tiverton Harriers |
| 30 | 242 | 0:19:45 | Jason Hopton | SM | 0 |
| 31 | 60 | 0:19:46 | Richard Hawes | M45 | Exmouth Harriers |
| 32 | 246 | 0:19:53 | Ian Lea | SM | 0 |
| 33 | 233 | 0:19:58 | Simon Huddart | SM | SWRR |
| 34 | 162 | 0:20:00 | Martin McEneny | M45 | Haldon Trail Runners |
| 35 | 47 | 0:20:03 | Katherine Humphreys | SF | Exeter Harriers |
| 36 | 132 | 0:20:05 | Charlotte Weedon | SF | Haldon Trail Runners |

Exeter's
great west run



SAT
27TH
SEPT

FROM
10AM

Exeter's
great west run

| | | | | | |
|----|-----|---------|--------------------|-----|----------------------|
| 37 | 236 | 0:20:07 | Joss Chappell | SM | 0 |
| 38 | 50 | 0:20:07 | Martin Havill | M55 | Exeter Harriers |
| 39 | 141 | 0:20:15 | Alec Robinson | SM | 0 |
| 40 | 14 | 0:20:18 | Stephen Sirdefield | M50 | Tiverton Harriers |
| 41 | 67 | 0:20:19 | Bob Minting | M60 | Blackheath & Bromley |
| 42 | 59 | 0:20:24 | Dave Moulder | M55 | Swrr |
| 43 | 83 | 0:20:27 | Steve Selley | M50 | Honiton Rc |
| 44 | 8 | 0:20:28 | Jim Durston | M45 | Swrr |
| 45 | 106 | 0:20:29 | Will Aczel | M14 | 0 |
| 46 | 49 | 0:20:30 | Karen Cook | F55 | Swrr |
| 47 | 225 | 0:20:44 | Becky Dakin | SF | 0 |
| 48 | 51 | 0:20:57 | Graeme Whalen | SM | 0 |
| 49 | 17 | 0:21:03 | Lewis Jones | M60 | Swrr |
| 50 | 22 | 0:21:07 | Will Spencer | M13 | Tiverton Harriers |
| 51 | 23 | 0:21:07 | Phil Spencer | M45 | Tiverton Harriers |
| 52 | 33 | 0:21:10 | David Phillips | M60 | SWRR |
| 53 | 241 | 0:21:11 | Andrew Vinnicombe | SM | 0 |
| 54 | 34 | 0:21:21 | Nicholas Pope | SM | 0 |
| 55 | 20 | 0:21:26 | Matt Heard | M40 | Tiverton Harriers |
| 56 | 199 | 0:21:29 | Jim Zapple | M55 | 0 |
| 57 | 82 | 0:22:00 | David Eveleigh | M60 | Exmouth Harriers |
| 58 | 29 | 0:22:24 | Julie Towers | F50 | Launceston RR |
| 59 | 239 | 0:22:44 | Phil Davey | M55 | 0 |
| 60 | 196 | 0:23:02 | Emma Jones | SF | SWRR |
| 61 | 222 | 0:23:15 | Scott Hunter | SM | 0 |
| 62 | 205 | 0:23:20 | Nigel Barrett | M40 | Teignbridge Trotters |
| 63 | 235 | 0:23:25 | Tracy Bennett | F40 | SWRR |
| 64 | 223 | 0:23:41 | Carine Silver | F35 | 0 |
| 65 | 232 | 0:23:43 | David Dunn | M60 | Teignbridge Trotters |
| 66 | 243 | 0:23:43 | Evelynne Wilkinson | F35 | 0 |
| 67 | 56 | 0:23:53 | Jon Murray | M55 | 0 |
| 68 | 11 | 0:23:58 | Hylde Stewart | F55 | Clydesdale Harriers |
| 69 | 85 | 0:24:12 | Jonathan Newman | SM | 0 |
| 70 | 66 | 0:24:26 | Jim Mouat | M65 | Haldon Trail Runners |
| 71 | 84 | 0:25:03 | Liam Bloomfield | SM | 0 |
| 72 | 74 | 0:25:05 | Bev Holloway | F40 | 0 |
| 73 | 228 | 0:25:46 | Marian Floor | SF | 0 |
| 74 | 240 | 0:25:58 | Adam Cleaver | SM | 0 |
| 75 | 16 | 0:26:29 | Michelle Pang | F45 | Swrr |
| 76 | 149 | 0:26:38 | Richard Hein | M40 | 0 |
| 77 | 245 | 0:27:26 | Charlie Lane | F40 | 0 |
| 78 | 194 | 0:27:26 | Kelly Forrester | SF | 0 |
| 79 | 131 | 0:27:44 | Claire Smith | SF | 0 |
| 80 | 122 | 0:37:31 | Dennis Comissar | 0 | Torbay Ac |

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