

# THE RUN EXE SUMMER 5k SERIES



RD 2: Tuesday 7th July 2009

Organised by: IRONBRIDGE RUNNER EVENTS LTD

1	580	16.24	James Bellward	Sm	Swrr	
2	592	16.32	Ashley Humphreys	Sm	Torbay Ac	
3	511	16.43	Sam Westhead	M40	Farnham Tri	
4	536	17.06	Tony Symons	M45	Tavistock Ac	
5	582	17.16	Stephen Gentle	Sm	East Cornwall Harriers	
6	598	17.23	Alan Hughes	Sm		0
7	574	17.27	Kerry Roberts	M45	Tiverton Harriers	
8	514	17.34	Andrew Smith	M20	Tiverton harriers	
9	597	17.37	Jordan Hewitt	M20	Tiverton Harriers	
10	578	17.47	Jon Marsden	Sm	Walton Ac	
11	576	17.59	Cairlos Payan	Sm	Exmouth Harriers	
12	533	18.05	Steve Groombridge	M55	Tavistock Ac	
13	523	18.11	Paul Flitney	Sm	Exeter Harriers	
14	575	18.14	Dave Lee	M40	Bude Rats	
15	554	18.52	James Bell	Sm		0
16	581	18.59	Adam Caunter	M20	Newton Abbot Ac	
17	520	19.00	Andrew Haydon	M40	Swrr	
18	562	19.10	Andrew Johnson	M45	Exmouth Harriers	
19	573	19.12	Bob Minting	M55	Blackheath and Bromley	
20	596	19.13	Caroline Hewitt	F45	Tiverton Harriers	
21	521	19.21	Alsitair Ferguson	Sm	Swrr	
22	507	19.32	Felicity Elliott	Sf	Swrr	
23	584	19.39	Lucy Cartwright	Sf	Swrr	
24	583	19.47	Ben Venaberer	Sm		0
25	595	19.49	Jason Hopton	M20		0
26	558	19.55	Caroline Steven	F40	Launceston RR	
27	527	20.09	Tom Woodman	M40		0
28	548	20.11	Alek Lach	M50	Swrr	
29	504	20.12	Karen Cook	F50	Swrr	
30	510	20.17	David King	M55	SW Vets	
31	585	20.54	Brian O'Donovan	Sm		0
32	546	21.01	Matthew Wightman	Sm		0
33	515	21.05	John Caunter	M55	Teignbridge Trotters	
34	506	21.13	Dave Potch	M45	Swrr	
35	577	21.17	Tanya Bnie	Sf		0
36	579	21.47	Gary Caunter	M40	Teignbridge Trotters	
37	590	21.51	Keith Pickard	M50		0
38	555	21.59	Keslie Drew	M60		0
39	601	22.04	David Lisney	M45		0
40	602	22.04	Matt Clarke	Sm		0
41	594	22.09	Gary Charter	M40	Launceston Rc	

42	543	22.13	Nicki Ashworth	F40	Wrn	
43	589	22.24	James Payne	Sm		0
44	549	22.25	Paul Webb	Sf		0
45	560	22.26	Michael Carpenter	M55	Launceston RR	
46	568	22.35	Catherine Cannon	Sf	Swrr	
47	591	22.45	Alwyn Pickard	M65	South Molton Strugglers	
48	508	22.46	Sydney Willocks	M65	Teignbridge Trotters	
49	539	22.51	Craig Churchill	Sm	Teign Valley Rc	
50	587	23.19	John Hamik	M55		0
51	525	24.07	Daniel Mcaloon	Sm		0
52	509	24.19	Michelle Willocks-Watts	F35	Teignbridge Trotters	
53	522	24.47	Martin Allott	Sm		0
54	593	24.57	Nicky Dearmer	F40		0
55	600	25.27	Marcin Nazaruk	Sm		0
56	553	25.32	Dave Eveleigh	M55	Exmouth Harriers	
57	603	25.59	Jess Crocker	Sf		0
58	586	26.28	Stephen Romansy	Sm		0
59	572	29.03	John Fowler	M50	Silson Joggers	
60	550	29.21	Jo Crocker	Sf		0
61	571	29.46	Stuart Maudling	Sm		0
62	588	30.43	Pete Nicholson	M60		0
63	599	32.45	Sarah Beacock	F45		0
64	530	32.45	Hilary Allen	F60	Wrn	





