

THE RUN EXE SUMMER 5k SERIES



RD 1: Tuesday 9th June 2009

Organised by: **IRONBRIDGE RUNNER EVENTS LTD**

Position	Race No	Time	Name	Cat	Club
1	535	16.34	Richard Drage	M50	Tavistock Ac
2	511	16.40	Sam Westhead	M40	Farnham Tri
3	501	16.42	Ashley Humphreys	Sm	Torbay Ac
4	545	16.55	Kevin Hawker	Sm	Honiton Rc
5	537	17.04	David Hawes	Sm	0
6	547	17.11	Stephen Gentle	Sm	East Cornwall Harriers
7	538	17.15	Gavin Mantle	Sm	0
8	540	17.23	Jake Waldron	M20	Swrr
9	536	17.25	Tony Symons	M45	Tavistock Ac
10	514	17.39	Andrew Smith	M20	Tiverton harriers
11	519	17.53	Jack Loveday	Sm	University of Plymouth
12	534	17.56	Heather Fell	Sf	Tavistock Ac
13	523	17.58	Paul Flitney	Sm	Exeter Harriers
14	544	18.00	Andy Jones	M45	Swrr
15	533	18.15	Steve Groombridge	F55	Tavistock Ac
16	512	18.55	Richard Bruce	SM	0
17	562	19.10	Andrew Johnson	M45	Exmouth Harriers
18	520	19.20	Andrew Haydon	M40	Swrr
19	554	19.27	James Bell	Sm	0
20	531	19.32	Michael Robbins	Sm	Exeter Harriers
21	507	19.39	Felicity Elliott	Sf	Swrr
22	556	19.47	Lewis Jones	M55	Swrr
23	552	19.52	Steve King	M40	Swrr
24	521	19.55	Alsitair Ferguson	Sm	Swrr
25	558	19.57	Caroline Steven	F40	Launceston RR
26	567	20.00	Scott Bradridge	M40	Swrr
27	527	20.04	Tom Woodman	M40	0
28	548	20.12	Alek Lach	M50	Swrr
29	510	20.14	David King	M55	SW Vets
30	504	20.14	Karen Cook	F50	Swrr
31	551	20.29	Gary Watson	M50	Teignbridge Trotters
32	516	20.37	David Chanter	M55	Tavistock Ac
33	515	21.00	John Caunter	M55	Teignbridge Trotters
34	546	21.14	Matthew Wightman	Sm	0
35	532	21.15	Chris Gurney	M40	Swrr
36	541	21.26	Ian Dabbs	M40	Newton Abbot Ac
37	517	21.30	Gary Caunter	M40	Teignbridge Trotters
38	506	21.30	Dave Potch	M45	Swrr
39	524	21.41	Robert Millward	M60	Swrr
40	555	21.48	Keslie Drew	M60	0
41	502	22.02	Kathryn Hough	F45	Swrr
42	569	22.04	Jason Paterson	Sm	0
43	549	22.10	Paul Webb	Sf	0
44	568	22.12	Catherine Cannon	Sf	Swrr
45	543	22.21	Nicki Ashworth	F40	Wrn
46	560	22.25	Michael Carpenter	M55	Launceston RR
47	564	22.38	Niel Edwards	Sm	0

48	565	22.41	Ian Edwards	Sf	0
49	508	22.44	Sydney Willocks	M65	Teignbridge Trotters
50	529	22.52	Catherine Parsons	Sf	Exeter Harriers
51	539	23.36	Craig Churchill	Sm	Teign Valley Rc
52	528	23.49	Hilary Collins	F50	Wrn
53	513	24.01	Michael Alsworth	M55	100 Marathon Club
54	509	24.32	Michelle Willocks-Watts	F35	Teignbridge Trotters
55	526	24.52	James McClune	M50	0
56	505	24.56	Mark Waddicor	F65	Swrr
57	553	25.54	Dave Eveleigh	M55	Exmouth Harriers
58	525	25.57	Daniel Mitloun	Sm	0
59	522	26.46	Martin Allott	Sm	0
60	561	27.01	Emily Macaulay	Sf	Wrn
61	559	27.01	Sue Jewell	F45	Wrn
62	518	27.04	Christine Fraser	F60	Wrn
63	566	28.29	Alsion Dale	Sf	0
64	550	28.37	Jo Crocker	Sf	0
65	530	29.44	Hilary Allen	F60	Wrn
66	557	29.54	Calvin Town	M60	0

