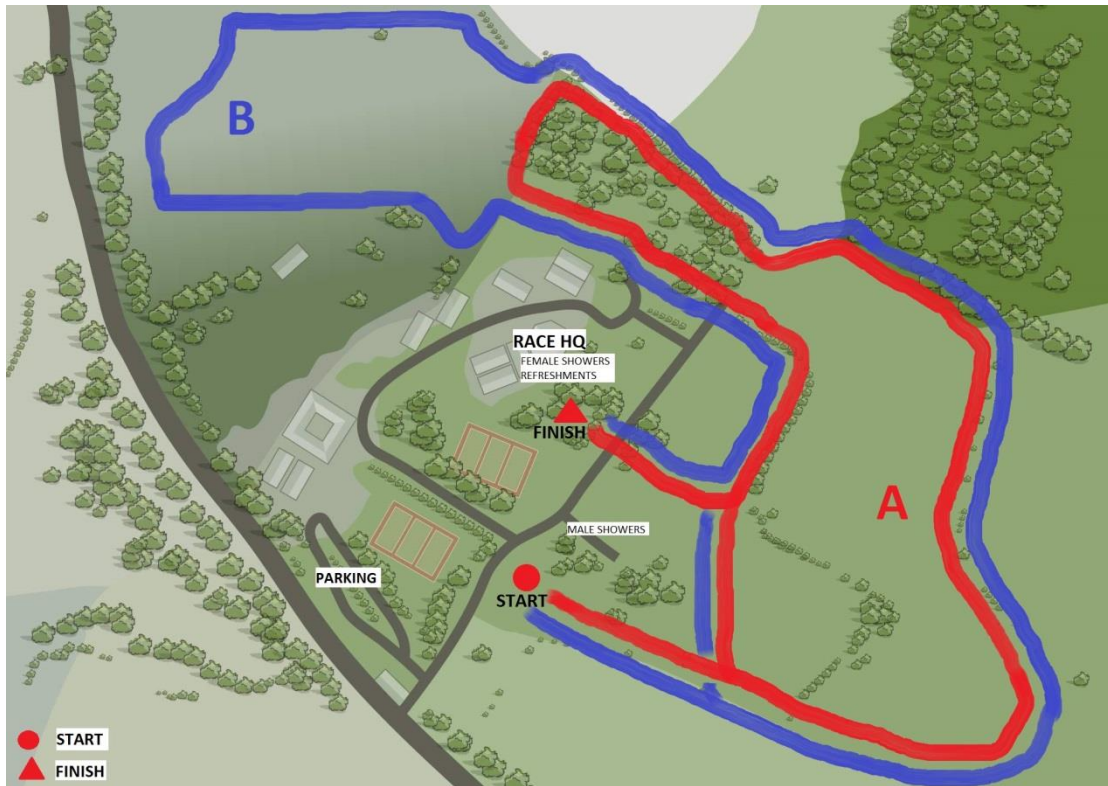


**WESTWARD LEAGUE 2016-17  
MAP OF STOVER XC COURSE**



(Reproduced with kind permission K.Pratt – MDCC)

<b>U11 (1500m)</b>	<b>12:15</b>	<b>1 lap of A</b>
<b>U13G (3000m)</b>	<b>12:30</b>	<b>2 laps of A</b>
<b>U13B (3000m)</b>	<b>12:50</b>	<b>2 laps of A</b>
<b>SW and U17M/W (5000m)</b>	<b>1:10</b>	<b>2 laps of B</b>
<b>U15G/B (4500m)</b>	<b>1:40</b>	<b>3 laps of A</b>
<b>SM (9300m)</b>	<b>2:10</b>	<b>1 lap of A followed by 3 laps of B</b>

**PLEASE NOTE: The above map provides an indication of routes. Race distances are an approximation only.**

For a more accurate representation, please follow the links below:

Short Loop <https://connect.garmin.com/activity/969328597>

Long Loop <https://connect.garmin.com/activity/969328635>