



RUN EXE 5K

2021 ALL TIMES FROM SERIES

[As per UKA rule 165.24 finish times rounded up to the nearest full second.](#)

[Guidance on GPS distance and time recording.](#)

Pos	No	Time	Avg speed	Name	Cat	Cat Rank	Club
1	2	00:15:25	00:03:05	Ollie Thorogood	MSen	1	South West Road Runners
2	1	00:15:28	00:03:06	Simon Fox	MSen	2	Exeter Harriers
3	2	00:15:35	00:03:07	Ollie Thorogood	MSen	3	South West Road Runners
4	1	00:15:45	00:03:09	Simon Fox	MSen	4	Exeter Harriers
5	276	00:15:47	00:03:09	Isaac Bate	MSen	5	University of Exeter Athletics Club
6	220	00:15:49	00:03:10	Donald Brooks	M40+	1	Torbay Triathlon
7	1	00:15:50	00:03:10	Simon Fox	MSen	6	Exeter Harriers
8	11	00:15:50	00:03:10	Thomas Humphrey	MSen	6	South West Road Runners
9	228	00:15:50	00:03:10	Keith Shapland	M40+	2	Bideford AAC
10	9	00:16:00	00:03:12	Steve Fletcher	MSen	8	Plymouth Harriers
11	220	00:16:00	00:03:12	Donald Brooks	M40+	3	Torbay Triathlon
12	7	00:16:03	00:03:13	Paul Grieve	MSen	9	
13	11	00:16:04	00:03:13	Thomas Humphrey	MSen	10	South West Road Runners
14	10	00:16:12	00:03:14	Luke Passmore	MSen	11	
15	1	00:16:15	00:03:15	Simon Fox	MSen	12	Exeter Harriers
16	228	00:16:15	00:03:15	Keith Shapland	M40+	4	Bideford AAC
17	232	00:16:15	00:03:15	Wayne Loveridge	MSen	12	Chard Road Runners
18	5	00:16:16	00:03:15	Callum Crawford	MSen	14	Exeter Harriers
19	11	00:16:19	00:03:16	Thomas Humphrey	MSen	15	South West Road Runners
20	6	00:16:23	00:03:17	Edward Smart	MSen	16	Tavistock Run Project
21	11	00:16:23	00:03:17	Thomas Humphrey	MSen	16	South West Road Runners
22	3	00:16:26	00:03:17	Ben Lloyd	MSen	18	Wells City Harriers
23	16	00:16:27	00:03:17	Jamie Pullinger	MSen	19	South West Road Runners
24	257	00:16:28	00:03:18	Jason Hurford	MSen	20	Torbay Tri
25	10	00:16:28	00:03:18	Luke Passmore	MSen	20	
26	29	00:16:29	00:03:18	Terry Emmett	M40+	5	Axe Valley Runners
27	5	00:16:30	00:03:18	Callum Crawford	MSen	22	Exeter Harriers
28	26	00:16:30	00:03:18	Joel Seward	MSen	22	Axe Valley Runners

29	15	00:16:31	00:03:18	Phil Burden	M40+	6	Taunton AC
30	239	00:16:31	00:03:18	Sam Swift	MSen	24	Erme Valley Harriers
31	5	00:16:31	00:03:18	Callum Crawford	MSen	24	Exeter Harriers
32	10	00:16:34	00:03:19	Luke Passmore	MSen	26	
33	25	00:16:35	00:03:19	Sam Hopton	MSen	27	South West Road Runners
34	12	00:16:38	00:03:20	Oliver White	M35+	1	Exmouth Harriers
35	16	00:16:39	00:03:20	Jamie Pullinger	MSen	28	South West Road Runners
36	12	00:16:40	00:03:20	Oliver White	M35+	2	Exmouth Harriers
37	20	00:16:41	00:03:20	Alex Crump	MSen	29	South West Road Runners
38	12	00:16:41	00:03:20	Oliver White	M35+	3	Exmouth Harriers
39	15	00:16:41	00:03:20	Phil Burden	M40+	7	Taunton AC
40	13	00:16:43	00:03:21	Miko Cadeddu	MSen	30	SWRR
41	158	00:16:44	00:03:21	Arron Kearney	M35+	4	Bideford AAC
42	8	00:16:45	00:03:21	Andrew Drake	M35+	5	Bristol and west
43	33	00:16:45	00:03:21	Thomas Whitworth	MSen	31	
44	19	00:16:45	00:03:21	Jody Bee	M40+	8	SWRR
45	10	00:16:47	00:03:21	Luke Passmore	MSen	32	
46	26	00:16:48	00:03:22	Joel Seward	MSen	33	Axe Valley Runners
47	239	00:16:48	00:03:22	Sam Swift	MSen	33	Erme Valley Harriers
48	46	00:16:49	00:03:22	Rob Mann	MSen	35	Exeter Harriers
49	238	00:16:51	00:03:22	Andrew De-Camps	MSen	36	Gloucester AC
50	29	00:16:52	00:03:22	Terry Emmett	M40+	9	Axe Valley Runners
51	16	00:16:55	00:03:23	Jamie Pullinger	MSen	37	South West Road Runners
52	29	00:16:56	00:03:23	Terry Emmett	M40+	10	Axe Valley Runners
53	45	00:16:59	00:03:24	Kirsteen Welch	FSen	1	Sidmouth RC
54	15	00:16:59	00:03:24	Phil Burden	M40+	11	Taunton AC
55	24	00:17:04	00:03:25	Charlie Weston	MSen	38	
56	31	00:17:04	00:03:25	Finlay Downes	MU15	1	Wells City Harriers
57	229	00:17:04	00:03:25	Matthew Clist	M40+	12	Axe Valley Runners
58	19	00:17:05	00:03:25	Jody Bee	M40+	13	SWRR
59	18	00:17:06	00:03:25	Jonathan Hall	MSen	39	Exeter Harriers
60	13	00:17:06	00:03:25	Miko Cadeddu	MSen	39	SWRR
61	206	00:17:07	00:03:25	Jack Richardson	MSen	41	Clevedon
62	61	00:17:08	00:03:26	Dominic Spayne	M35+	6	Exeter Harriers
63	31	00:17:09	00:03:26	Finlay Downes	MU15	2	Wells City Harriers
64	163	00:17:10	00:03:26	Chris Jones	M35+	7	Harrow AC
65	31	00:17:10	00:03:26	Finlay Downes	MU15	3	Wells City Harriers
66	28	00:17:17	00:03:27	Duncan Staddon	M40+	14	
67	31	00:17:19	00:03:28	Finlay Downes	MU15	4	Wells City Harriers
68	34	00:17:20	00:03:28	Francis Colledge	M35+	8	South West Road Runners

69	30	00:17:20	00:03:28	Andrew Staples	MSen	42	Taunton AC
70	28	00:17:24	00:03:29	Duncan Staddon	M40+	15	
71	21	00:17:26	00:03:29	Peter Monaghan	M55+	1	Torbay AC
72	23	00:17:28	00:03:30	Philip Roberts	M40+	16	Taunton AC
73	244	00:17:29	00:03:30	Will Harding	MSen	43	GGAC
74	235	00:17:29	00:03:30	Richard Hardy	M35+	9	Axe Valley Runners
75	22	00:17:32	00:03:30	Scott Jamieson	M40+	17	Exmouth Harriers
76	61	00:17:32	00:03:30	Dominic Spayne	M35+	10	Exeter Harriers
77	30	00:17:34	00:03:31	Andrew Staples	MSen	44	Taunton AC
78	71	00:17:37	00:03:31	David Brown	M35+	11	Torbay Tri Club
79	27	00:17:38	00:03:32	Chris Murphy	MSen	45	South West Road Runners
80	13	00:17:39	00:03:32	Miko Cadeddu	MSen	46	SWRR
81	41	00:17:40	00:03:32	Nick Casey	M50+	1	South West Road Runners
82	36	00:17:41	00:03:32	Richard Jones	MSen	47	
83	34	00:17:42	00:03:32	Francis Colledge	M35+	12	South West Road Runners
84	5	00:17:43	00:03:33	Callum Crawford	MSen	48	Exeter Harriers
85	37	00:17:45	00:03:33	James Benham	M35+	13	SWRR
86	211	00:17:46	00:03:33	Robert Collier	M50+	2	Axe Valley Runners
87	32	00:17:46	00:03:33	Edward Pickering	M45+	1	South West Road Runners
88	33	00:17:47	00:03:33	Thomas Whitworth	MSen	49	
89	36	00:17:47	00:03:33	Richard Jones	MSen	49	
90	26	00:17:48	00:03:34	Joel Seward	MSen	51	Axe Valley Runners
91	214	00:17:48	00:03:34	Rosie Hattersley	FSen	2	Bristol and west
92	70	00:17:49	00:03:34	Howard Bailey	MSen	52	Exeter Harriers
93	233	00:17:50	00:03:34	Jon Parkinson	M50+	3	Torbay Tri
94	207	00:17:50	00:03:34	Gemma Collier	F35+	1	Gloucester AC
95	41	00:17:51	00:03:34	Nick Casey	M50+	4	South West Road Runners
96	18	00:17:52	00:03:34	Jonathan Hall	MSen	53	Exeter Harriers
97	225	00:17:52	00:03:34	Kyson Chugg	MSen	53	
98	171	00:17:52	00:03:34	Freya Woodhead	FU15	1	Bideford Amateur Athletic Club
99	39	00:17:53	00:03:35	Ash Voralia	M35+	14	South West Road Runners
100	191	00:17:54	00:03:35	Luke Pascoe	MU17	1	Exeter Harriers
101	22	00:17:55	00:03:35	Richard Pemperton	M35+	15	Exmouth Harriers
102	37	00:17:56	00:03:35	James Benham	M35+	16	SWRR
103	174	00:17:58	00:03:36	Hamish Fletcher-Cooney	MSen	55	South West Road Runners
104	60	00:18:00	00:03:36	Brett Stevens	MSen	56	
105	32	00:18:00	00:03:36	Edward Pickering	M45+	2	South West Road Runners
106	32	00:18:03	00:03:37	Edward Pickering	M45+	3	South West Road Runners
107	40	00:18:04	00:03:37	Luke Reynolds	MU20	1	Newton Abbot AC
108	38	00:18:04	00:03:37	Sammy Antell	FSen	3	Bideford AAC

109	70	00:18:08	00:03:38	Howard Bailey	MSen	57	Exeter Harriers
110	61	00:18:10	00:03:38	Dominic Spayne	M35+	17	Exeter Harriers
111	250	00:18:11	00:03:38	Gary Blight	M40+	18	Bideford AAC
112	38	00:18:13	00:03:39	Sammy Antell	FSen	4	Bideford AAC
113	70	00:18:13	00:03:39	Howard Bailey	MSen	58	Exeter Harriers
114	61	00:18:13	00:03:39	Dominic Spayne	M35+	18	Exeter Harriers
115	171	00:18:14	00:03:39	Freya Woodhead	FU15	2	Bideford Amateur Athletic Club
116	181	00:18:16	00:03:39	Jamie Howard	M40+	19	South West Road Runners
117	171	00:18:16	00:03:39	Freya Woodhead	FU15	3	Bideford Amateur Athletic Club
118	279	00:18:17	00:03:39	Joe Dix	MU20	2	Tavistock Ac
119	44	00:18:20	00:03:40	Simon Patterson	M45+	4	TAC
120	152	00:18:20	00:03:40	Scott Hunter	M35+	19	SWRR
121	57	00:18:21	00:03:40	Paul Tweedie	M40+	20	
122	60	00:18:21	00:03:40	Brett Stevens	MSen	59	
123	78	00:18:22	00:03:40	Richard Drage	M60+	1	Tavistock AC
124	82	00:18:24	00:03:41	James Overton	M35+	20	
125	53	00:18:25	00:03:41	Paul Thomas	M60+	2	South West Road Runners
126	40	00:18:28	00:03:42	Luke Reynolds	MU20	3	Newton Abbot AC
127	70	00:18:28	00:03:42	Howard Bailey	MSen	60	Exeter Harriers
128	52	00:18:29	00:03:42	Serane Stone	F40+	1	Tiverton Harriers
129	53	00:18:30	00:03:42	Paul Thomas	M60+	3	South West Road Runners
130	159	00:18:30	00:03:42	Ben Osmond	MU17	2	Torbay Athletics
131	80	00:18:31	00:03:42	George Pemberton	MU15	5	
132	38	00:18:33	00:03:43	Sammy Antell	FSen	5	Bideford AAC
133	43	00:18:33	00:03:43	Simon Scotthorne	M55+	2	Lonely Goat Running Club
134	63	00:18:34	00:03:43	Richard Petty	MSen	61	
135	159	00:18:35	00:03:43	Ben Osmond	MU17	3	Torbay Athletics
136	196	00:18:35	00:03:43	Philip Thomas	M40+	21	
137	53	00:18:36	00:03:43	Paul Thomas	M60+	4	South West Road Runners
138	41	00:18:37	00:03:43	Nick Casey	M50+	5	South West Road Runners
139	52	00:18:41	00:03:44	Serane Stone	F40+	2	Tiverton Harriers
140	63	00:18:41	00:03:44	Richard Petty	MSen	62	
141	210	00:18:42	00:03:44	Madeleine Roche	FSen	6	
142	54	00:18:44	00:03:45	Alison Thorn	F45+	1	Erme Valley Harriers
143	59	00:18:48	00:03:46	Emma Kiernan	FSen	7	Taunton AC
144	54	00:18:48	00:03:46	Alison Thorn	F45+	2	Erme Valley Harriers
145	196	00:18:49	00:03:46	Philip Thomas	M40+	22	
146	82	00:18:52	00:03:46	James Overton	M35+	21	
147	254	00:18:53	00:03:47	Keith Paul	M55+	3	Taunton AC
148	63	00:18:55	00:03:47	Richard Petty	MSen	63	

149	58	00:18:56	00:03:47	Martha Neal	FSen	8	Newton Abbot AC
150	168	00:18:57	00:03:47	Ethan Sterry	MSen	64	South West Road Runners
151	52	00:18:58	00:03:48	Serane Stone	F40+	3	Tiverton Harriers
152	166	00:18:59	00:03:48	Daniel Jones	MSen	65	Tiverton Harriers
153	43	00:19:03	00:03:49	Simon Scotthorne	M55+	4	Lonely Goat Running Club
154	237	00:19:03	00:03:49	Hayley Winters	F35+	2	Gloucester AC
155	51	00:19:03	00:03:49	David Wilkinson	M55+	4	
156	267	00:19:04	00:03:49	Stephen Sincock	M60+	5	Okehampton RC
157	43	00:19:06	00:03:49	Simon Scotthorne	M55+	6	Lonely Goat Running Club
158	80	00:19:07	00:03:49	George Pemberton	MU15	6	
159	63	00:19:08	00:03:50	Richard Petty	MSen	66	
160	159	00:19:08	00:03:50	Ben Osmond	MU17	4	Torbay Athletics
161	169	00:19:08	00:03:50	Fiona German	FSen	9	South West Road Runners
162	168	00:19:09	00:03:50	Ethan Sterry	MSen	67	South West Road Runners
163	209	00:19:09	00:03:50	Rob Sweet	M45+	5	
164	51	00:19:10	00:03:50	David Wilkinson	M55+	7	
165	79	00:19:13	00:03:51	James Ayre	M35+	22	Tiverton Harriers
166	251	00:19:13	00:03:51	Oliver Cowan	M35+	22	
167	246	00:19:14	00:03:51	Lewis Cholerton	MSen	68	Torbay Tri Club
168	42	00:19:14	00:03:51	Tom Davies	M35+	24	Holme Pierrepont Running Club
169	81	00:19:15	00:03:51	Byron McKinney	M45+	6	Tiverton Harriers
170	241	00:19:16	00:03:51	Leo Packham	MSen	69	
171	191	00:19:16	00:03:51	Luke Pascoe	MU17	5	Exeter Harriers
172	169	00:19:16	00:03:51	Fiona German	FSen	10	South West Road Runners
173	79	00:19:17	00:03:51	James Ayre	M35+	25	Tiverton Harriers
174	76	00:19:17	00:03:51	Alfie Gibbins	MU17	6	
175	51	00:19:18	00:03:52	David Wilkinson	M55+	8	
176	40	00:19:19	00:03:52	Luke Reynolds	MU20	4	Newton Abbot AC
177	166	00:19:19	00:03:52	Daniel Jones	MSen	70	Tiverton Harriers
178	79	00:19:20	00:03:52	James Ayre	M35+	26	Tiverton Harriers
179	66	00:19:22	00:03:52	Nicole Avery	FSen	11	Taunton Athletics Club
180	51	00:19:23	00:03:53	David Wilkinson	M55+	9	
181	35	00:19:23	00:03:53	Mike Threlfall	M55+	9	Running Forever
182	76	00:19:23	00:03:53	Alfie Gibbins	MU17	7	
183	215	00:19:25	00:03:53	Matthew White	MU17	8	Exeter Harriers
184	62	00:19:26	00:03:53	Ethan Turner	MU15	7	Taunton AC
185	80	00:19:28	00:03:54	George Pemberton	MU15	8	
186	79	00:19:28	00:03:54	James Ayre	M35+	27	Tiverton Harriers
187	73	00:19:28	00:03:54	Steven Turner	M50+	6	Bideford AAC
188	67	00:19:30	00:03:54	Des White	M65+	1	Exmouth Harriers

189	67	00:19:32	00:03:54	Des White	M65+	2	Exmouth Harriers
190	208	00:19:33	00:03:55	Jason Louis	M50+	7	Taunton AC
191	67	00:19:33	00:03:55	Des White	M65+	3	Exmouth Harriers
192	76	00:19:34	00:03:55	Alfie Gibbins	MU17	9	
193	278	00:19:35	00:03:55	Simon Tucker	M35+	28	South West Road Runners
194	153	00:19:35	00:03:55	Amie Walker	FSen	12	NDAC
195	67	00:19:35	00:03:55	Des White	M65+	4	Exmouth Harriers
196	81	00:19:36	00:03:55	Byron McKinney	M45+	7	Tiverton Harriers
197	169	00:19:37	00:03:55	Fiona German	FSen	13	South West Road Runners
198	81	00:19:39	00:03:56	Byron McKinney	M45+	8	Tiverton Harriers
199	55	00:19:42	00:03:56	Gareth Espin	M35+	29	
200	200	00:19:42	00:03:56	Stephen Collier	M45+	9	South West Road Runners
201	92	00:19:43	00:03:57	Claudine Benstead	F60+	1	Okehampton R C
202	59	00:19:43	00:03:57	Emma Kiernan	FSen	14	Taunton AC
203	104	00:19:44	00:03:57	Olly Morris	MU15	9	
204	86	00:19:44	00:03:57	Adrian Cornford	M60+	6	Crewkerne RC
205	68	00:19:45	00:03:57	Hannah Bown	F40+	4	Exmouth Harriers
206	73	00:19:46	00:03:57	Steven Turner	M50+	8	Bideford AAC
207	154	00:19:47	00:03:57	Andrew Thomas	MSen	71	
208	154	00:19:47	00:03:57	Andrew Thomas	MSen	71	
209	68	00:19:48	00:03:58	Hannah Bown	F40+	5	Exmouth Harriers
210	104	00:19:51	00:03:58	Olly Morris	MU15	10	
211	221	00:19:51	00:03:58	Tim Sibley	M50+	9	Axe Valley Runners
212	73	00:19:53	00:03:59	Steven Turner	M50+	10	Bideford AAC
213	186	00:19:54	00:03:59	Joe Twomey	MSen	73	
214	255	00:19:54	00:03:59	Aidan Bown	MU15	11	Exmouth Harriers
215	256	00:19:55	00:03:59	Nick Williams	M35+	30	Taunton AC
216	83	00:19:55	00:03:59	Steve Baker	M60+	7	
217	75	00:19:55	00:03:59	Richard Stone	M40+	23	South West Road Runners
218	93	00:19:57	00:03:59	Craig Butler	M50+	11	Exmouth Harriers
219	168	00:19:57	00:03:59	Ethan Sterry	MSen	74	South West Road Runners
220	93	00:19:58	00:04:00	Craig Butler	M50+	12	Exmouth Harriers
221	92	00:19:58	00:04:00	Claudine Benstead	F60+	2	Okehampton R C
222	75	00:19:58	00:04:00	Richard Stone	M40+	24	South West Road Runners
223	95	00:19:58	00:04:00	Adam Paulley	M35+	31	
224	55	00:19:59	00:04:00	Gareth Espin	M35+	32	
225	260	00:20:00	00:04:00	20MIN PACER	PACE	1	0
226	103	00:20:00	00:04:00	Alister Ferguson	M35+	33	SWRR
227	81	00:20:02	00:04:00	Byron McKinney	M45+	10	Tiverton Harriers
228	187	00:20:03	00:04:01	Kieran Ferris	MSen	75	South West Road Runners

229	68	00:20:03	00:04:01	Hannah Bown	F40+	6	Exmouth Harriers
230	66	00:20:06	00:04:01	Nicole Avery	FSen	15	Taunton Athletics Club
231	80	00:20:06	00:04:01	George Pemberton	MU15	12	
232	161	00:20:06	00:04:01	Brian Sansom	M55+	11	Exmouth Harriers
233	72	00:20:07	00:04:01	Mat Kelly	M35+	34	
234	245	00:20:07	00:04:01	Jack Wilson	MU20	5	Sidmouth Running Club
235	103	00:20:09	00:04:02	Alister Ferguson	M35+	35	SWRR
236	74	00:20:09	00:04:02	Adam Rooke	M45+	11	South West Road Runners
237	74	00:20:11	00:04:02	Adam Rooke	M45+	12	South West Road Runners
238	187	00:20:12	00:04:02	Kieran Ferris	MSen	76	South West Road Runners
239	103	00:20:15	00:04:03	Alister Ferguson	M35+	36	SWRR
240	191	00:20:15	00:04:03	Luke Pascoe	MU17	10	Exeter Harriers
241	75	00:20:16	00:04:03	Richard Stone	M40+	25	South West Road Runners
242	74	00:20:16	00:04:03	Adam Rooke	M45+	13	South West Road Runners
243	77	00:20:17	00:04:03	Ben Timpson	MSen	77	Minehead RC
244	92	00:20:17	00:04:03	Claudine Benstead	F60+	3	Okehampton R C
245	161	00:20:18	00:04:04	Brian Sansom	M55+	12	Exmouth Harriers
246	252	00:20:21	00:04:04	Matthew Cundell	MSen	78	
247	103	00:20:27	00:04:05	Alister Ferguson	M35+	37	SWRR
248	242	00:20:28	00:04:06	Mike Pearce	MSen	79	
249	64	00:20:33	00:04:07	Jos Jones	M40+	26	Exmouth Harriers
250	200	00:20:33	00:04:07	Stephen Collier	M45+	14	South West Road Runners
251	90	00:20:36	00:04:07	Lorna Spayne	F35+	3	Bad Boy Running Club
252	187	00:20:38	00:04:08	Kieran Ferris	MSen	80	South West Road Runners
253	72	00:20:42	00:04:08	Mat Kelly	M35+	38	
254	172	00:20:42	00:04:08	Geoff Nicholls	M60+	8	Greenbow Running Club
255	82	00:20:52	00:04:10	James Overton	M35+	39	
256	74	00:20:54	00:04:11	Adam Rooke	M45+	15	South West Road Runners
257	227	00:20:55	00:04:11	Peter Aggett	M50+	13	Tiverton Harriers
258	240	00:20:57	00:04:11	Bethan Bryant	FSen	16	
259	190	00:20:59	00:04:12	Lucas Bland	MSen	81	
260	266	00:21:00	00:04:12	Bryan Abell	M55+	13	
261	87	00:21:00	00:04:12	Barry Frost	M60+	9	SouthWestRoadRunners
262	65	00:21:09	00:04:14	James Spayne	M35+	40	
263	177	00:21:09	00:04:14	Hannah Worth	F35+	4	Tavistock Athletic Club

264	172	00:21:09	00:04:14	Geoff Nicholls	M60+	10	Greenbow Running Club
265	172	00:21:10	00:04:14	Geoff Nicholls	M60+	11	Greenbow Running Club
266	64	00:21:13	00:04:15	Jos Jones	M40+	27	Exmouth Harriers
267	87	00:21:15	00:04:15	Barry Frost	M60+	12	SouthWestRoadRunners
268	161	00:21:18	00:04:16	Brian Sansom	M55+	14	Exmouth Harriers
269	259	00:21:20	00:04:16	Jo Pearce	F50+	1	SWRR
270	101	00:21:23	00:04:17	Hannah Jones	F45+	3	
271	94	00:21:23	00:04:17	Andrew Place	MSen	82	Exmouth Harriers
272	226	00:21:24	00:04:17	Jade Hopton	FSen	17	
273	127	00:21:27	00:04:17	Harry Evans	MU13	1	
274	270	00:21:30	00:04:18	Jacob Coyne	MSen	83	0
275	97	00:21:33	00:04:19	Craig Hobson	M45+	16	Torbay Tri Club
276	87	00:21:36	00:04:19	Barry Frost	M60+	13	SouthWestRoadRunners
277	118	00:21:37	00:04:19	Charlie Wheeler	MU13	2	
278	89	00:21:38	00:04:20	Katie O'Boyle	FSen	18	
279	96	00:21:43	00:04:21	Jenny Reay	F60+	4	
280	91	00:21:47	00:04:21	Jane Hardacre	F55+	1	South West Vets AC
281	101	00:21:48	00:04:22	Hannah Jones	F45+	4	
282	105	00:21:56	00:04:23	Andrew Mann	M40+	28	
283	231	00:21:57	00:04:23	Robbie Newman	M40+	29	
284	94	00:21:57	00:04:23	Andrew Place	MSen	84	Exmouth Harriers
285	107	00:22:00	00:04:24	Andrew Johnson	M55+	15	Exmouth Harriers
286	88	00:22:03	00:04:25	Russell Holloway	M45+	17	
287	107	00:22:04	00:04:25	Andrew Johnson	M55+	16	Exmouth Harriers
288	106	00:22:05	00:04:25	Georgianna Thorn	FU20	1	
289	94	00:22:06	00:04:25	Andrew Place	MSen	85	Exmouth Harriers
290	101	00:22:08	00:04:26	Hannah Jones	F45+	5	
291	107	00:22:13	00:04:27	Andrew Johnson	M55+	17	Exmouth Harriers
292	164	00:22:13	00:04:27	Chris Sharp	M40+	30	Exmouth Harriers
293	96	00:22:13	00:04:27	Jenny Reay	F60+	5	
294	105	00:22:18	00:04:28	Andrew Mann	M40+	31	
295	111	00:22:18	00:04:28	Callum Lamont	M55+	18	South West Road Runners
296	102	00:22:19	00:04:28	Ralph Winter	M45+	18	
297	127	00:22:19	00:04:28	Harry Evans	MU13	3	

298	112	00:22:21	00:04:28	Claire Guthrie	FSen	19	South West Road Runners
299	116	00:22:21	00:04:28	Lewis Jones	M70+	1	SWRR
300	105	00:22:27	00:04:29	Andrew Mann	M40+	32	
301	96	00:22:27	00:04:29	Jenny Reay	F60+	6	
302	118	00:22:27	00:04:29	Charlie Wheeler	MU13	4	
303	116	00:22:31	00:04:30	Lewis Jones	M70+	2	SWRR
304	110	00:22:32	00:04:30	Ron Seward	M70+	3	Axe Valley Runners
305	201	00:22:32	00:04:30	Stuart Coyne	M50+	14	
306	143	00:22:35	00:04:31	Laura D'Allen	F35+	5	
307	129	00:22:37	00:04:31	Max Spiller	MU13	5	
308	98	00:22:39	00:04:32	Mike Chipping	M65+	5	Bristol & West
309	96	00:22:39	00:04:32	Jenny Reay	F60+	7	
310	193	00:22:40	00:04:32	Martin Shelton	M45+	19	Greenbow Running Club
311	119	00:22:42	00:04:32	Becky Taviner	FU17	1	
312	183	00:22:46	00:04:33	Jim Durston	M55+	19	South West Road Runners
313	112	00:22:46	00:04:33	Claire Guthrie	FSen	20	South West Road Runners
314	111	00:22:50	00:04:34	Callum Lamont	M55+	20	South West Road Runners
315	201	00:22:53	00:04:35	Stuart Coyne	M50+	15	
316	222	00:22:53	00:04:35	James Sibley	MSen	86	Axe Valley Runners
317	108	00:22:54	00:04:35	Paul Evison	M65+	6	
318	110	00:22:57	00:04:35	Ron Seward	M70+	4	Axe Valley Runners
319	122	00:22:59	00:04:36	Tim Synge	M55+	21	westbury harriers
320	205	00:23:01	00:04:36	Alex Hall	MSen	87	0
321	110	00:23:01	00:04:36	Ron Seward	M70+	5	Axe Valley Runners
322	193	00:23:12	00:04:38	Martin Shelton	M45+	20	Greenbow Running Club
323	119	00:23:12	00:04:38	Becky Taviner	FU17	2	
324	122	00:23:13	00:04:39	Tim Synge	M55+	22	westbury harriers
325	193	00:23:13	00:04:39	Martin Shelton	M45+	21	Greenbow Running Club
326	111	00:23:14	00:04:39	Callum Lamont	M55+	23	South West Road Runners
327	124	00:23:15	00:04:39	Geoff Jones	M50+	16	
328	111	00:23:18	00:04:40	Callum Lamont	M55+	24	South West Road Runners
329	113	00:23:19	00:04:40	Roz Debenham	F40+	7	SWRR
330	124	00:23:20	00:04:40	Geoff Jones	M50+	17	
331	110	00:23:21	00:04:40	Ron Seward	M70+	6	Axe Valley Runners

332	102	00:23:24	00:04:41	Ralph Winter	M45+	22	
333	116	00:23:25	00:04:41	Lewis Jones	M70+	7	SWRR
334	129	00:23:25	00:04:41	Max Spiller	MU13	6	
335	115	00:23:27	00:04:41	Keith Belt	M75+	1	South Devon AC
336	124	00:23:27	00:04:41	Geoff Jones	M50+	18	
337	129	00:23:27	00:04:41	Max Spiller	MU13	7	
338	113	00:23:33	00:04:43	Roz Debenham	F40+	8	SWRR
339	118	00:23:36	00:04:43	Charlie Wheeler	MU13	8	
340	119	00:23:36	00:04:43	Becky Taviner	FU17	3	
341	131	00:23:40	00:04:44	Kelly Lawson	F40+	9	Greenbow Running Club
342	65	00:23:42	00:04:44	James Spayne	M35+	41	
343	114	00:23:44	00:04:45	Jenny Debenham	F40+	10	South West Road Runners
344	114	00:23:44	00:04:45	Jenny Debenham	F40+	10	South West Road Runners
345	131	00:23:45	00:04:45	Kelly Lawson	F40+	12	
346	199	00:23:59	00:04:48	Steph Rupp	FSen	21	
347	173	00:24:06	00:04:49	Georgina Thomas	FSen	22	Tiverton Harriers
348	201	00:24:07	00:04:49	Stuart Coyne	M50+	19	
349	122	00:24:08	00:04:50	Tim Synge	M55+	25	westbury harriers
350	113	00:24:09	00:04:50	Roz Debenham	F40+	13	SWRR
351	178	00:24:11	00:04:50	Hans Henrik Sievertsen	M35+	42	
352	119	00:24:13	00:04:51	Becky Taviner	FU17	4	
353	151	00:24:20	00:04:52	Jimmy Zaple	M60+	14	0
354	131	00:24:22	00:04:52	Kelly Lawson	F40+	14	
355	263	00:24:24	00:04:53	Roger Saunders	M65+	7	Honiton Running club
356	138	00:24:25	00:04:53	William Cadle	MSen	88	
357	125	00:24:26	00:04:53	Nick Spayne	M60+	15	
358	188	00:24:30	00:04:54	Kirsty Bickell	F50+	2	Greenbow Running Club
359	133	00:24:32	00:04:54	Dagmara Somow	FSen	23	
360	117	00:24:33	00:04:55	Simon Ruddlesden	M45+	23	
361	143	00:24:33	00:04:55	Laura D'Allen	F35+	6	
362	175	00:24:35	00:04:55	Hania Lee	F40+	15	Maverick Runners
363	113	00:24:40	00:04:56	Roz Debenham	F40+	16	SWRR
364	138	00:24:43	00:04:57	William Cadle	MSen	89	
365	131	00:24:46	00:04:57	Kelly Lawson	F40+	17	
366	114	00:24:51	00:04:58	Jenny Debenham	F40+	18	South West Road Runners

367	121	00:24:52	00:04:58	Helen Kula-Przewanski	F60+	8	Tavistock AC	
368	188	00:24:54	00:04:59	Kirsty Bickell	F50+	3	Greenbow Running Club	
369	149	00:24:59	00:05:00	Harry Branch	MU15	13		0
370	117	00:25:02	00:05:00	Simon Ruddlesden	M45+	24		
371	123	00:25:05	00:05:01	Andrew Joiner	M35+	43		
372	126	00:25:24	00:05:05	Tim Lane	M50+	20		
373	167	00:25:26	00:05:05	Elke Morgan	F50+	24	EUTRIC	
374	130	00:25:32	00:05:06	Alison White	F65+	1	Exmouth Harriers	
375	151	00:25:38	00:05:08	Jimmy Zaple	M60+	16		0
376	167	00:25:40	00:05:08	Elke Morgan	F50+	25	EUTRIC	
377	136	00:25:45	00:05:09	Mia Morris	FU13	1		
378	130	00:25:48	00:05:10	Alison White	F65+	2	Exmouth Harriers	
379	165	00:25:49	00:05:10	Dale Stringer	M35+	44		
380	130	00:25:52	00:05:10	Alison White	F65+	3	Exmouth Harriers	
381	167	00:25:54	00:05:11	Elke Morgan	F50+	26	EUTRIC	
382	128	00:25:54	00:05:11	Rod Payne	M65+	8		
383	219	00:25:55	00:05:11	Emily MacAulay	F35+	7	Running Forever Running Club	
384	188	00:25:57	00:05:11	Kirsty Bickell	F50+	4	Greenbow Running Club	
385	123	00:25:58	00:05:12	Andrew Joiner	M35+	45		
386	145	00:26:00	00:05:12	Ella Spiller	FU13	2		
387	128	00:26:11	00:05:14	Rod Payne	M65+	9		
388	151	00:26:17	00:05:15	Jimmy Zaple	M60+	17		0
389	258	00:26:18	00:05:16	Mandy Ward	F50+	5	Honiton Rc	
390	275	00:26:19	00:05:16	Andy Moore	M35+	46	Tiverton Harriers	
391	137	00:26:19	00:05:16	Goff Welchman	M70+	8	Tiverton Harriers	
392	130	00:26:28	00:05:18	Alison White	F65+	4	Exmouth Harriers	
393	136	00:26:31	00:05:18	Mia Morris	FU13	3		
394	213	00:26:40	00:05:20	Peter Horrell	M60+	18		
395	145	00:26:41	00:05:20	Ella Spiller	FU13	4		
396	121	00:26:41	00:05:20	Helen Kula-Przewanski	F60+	9	Tavistock AC	
397	121	00:26:50	00:05:22	Helen Kula-Przewanski	F60+	10	Tavistock AC	
398	139	00:26:51	00:05:22	Jane Richardson	F70+	1	Okehampton RC	
399	150	00:26:53	00:05:23	Ava Leach	FU15	4		0
400	272	00:26:54	00:05:23	Naomi Loosemore	FU20	2		0
401	149	00:27:04	00:05:25	Harry Branch	MU15	14		0
402	135	00:27:06	00:05:25	Liz Wilson	F55+	2		
403	149	00:27:07	00:05:25	Harry Branch	MU15	15		0
404	137	00:27:16	00:05:27	Goff Welchman	M70+	9	Tiverton Harriers	
405	141	00:27:26	00:05:29	Bernadette Jones	F50+	6		
406	213	00:27:30	00:05:30	Peter Horrell	M60+	19		

407	146	00:27:35	00:05:31	Oliver Triner	MU13	9	
408	141	00:27:41	00:05:32	Bernadette Jones	F50+	7	
409	136	00:27:46	00:05:33	Mia Morris	FU13	5	
410	145	00:27:52	00:05:34	Ella Spiller	FU13	6	
411	162	00:27:58	00:05:36	Charlotte Judge	FSen	27	
412	128	00:28:01	00:05:36	Rod Payne	M65+	10	
413	216	00:28:03	00:05:37	Angela Kerr	F65+	5	Axe Valley Runners
414	137	00:28:04	00:05:37	Goff Welchman	M70+	10	Tiverton Harriers
415	139	00:28:10	00:05:38	Jane Richardson	F70+	2	Okehampton RC
416	147	00:28:10	00:05:38	Paige Emerick	FU15	5	
417	192	00:28:16	00:05:39	Marina Jara Fort	FSen	28	
418	139	00:28:27	00:05:41	Jane Richardson	F70+	3	Okehampton RC
419	137	00:28:29	00:05:42	Goff Welchman	M70+	11	Tiverton Harriers
420	140	00:28:33	00:05:43	Beverley Holloway	F45+	6	SWRR
421	146	00:28:44	00:05:45	Oliver Triner	MU13	10	
422	132	00:28:45	00:05:45	Megan Shaw	FU15	6	
423	148	00:28:54	00:05:47	Lucy Welch	FU15	7	
424	132	00:28:56	00:05:47	Megan Shaw	FU15	8	
425	141	00:29:19	00:05:52	Bernadette Jones	F50+	8	
426	140	00:29:23	00:05:53	Beverley Holloway	F45+	7	SWRR
427	139	00:29:42	00:05:56	Jane Richardson	F70+	4	Okehampton RC
428	147	00:29:56	00:05:59	Paige Emerick	FU15	9	
429	132	00:30:00	00:06:00	Megan Shaw	FU15	10	
430	147	00:30:11	00:06:02	Paige Emerick	FU15	11	
431	132	00:30:14	00:06:03	Megan Shaw	FU15	12	
432	202	00:31:06	00:06:13	Wendy Crockford	F50+	9	
433	144	00:31:26	00:06:17	Cathie Welchman	F70+	5	Tiverton Harriers
434	148	00:31:34	00:06:19	Lucy Welch	FU15	13	
435	217	00:31:40	00:06:20	Martin Kerr	M70+	12	Axe Valley Runners
436	146	00:31:49	00:06:22	Oliver Triner	MU13	11	
437	144	00:32:00	00:06:24	Cathie Welchman	F70+	6	Tiverton Harriers
438	84	00:32:57	00:06:35	Jack Hodder	MU13	12	
439	144	00:33:14	00:06:39	Cathie Welchman	F70+	7	Tiverton Harriers
440	144	00:33:37	00:06:43	Cathie Welchman	F70+	8	Tiverton Harriers
441	179	00:33:58	00:06:48	Hylida Stewart	F60+	11	Clydesdale Harriers
442	84	00:34:43	00:06:57	Jack Hodder	MU13	13	