

## **HALDON JINGLE BELL RUN**

**16.12.18 // Start - 9.00am**

**RACE HQ:** Haldon Forest Park,  
Postcode: EX6 7XR

**RACE NUMBERS:** Race packs will be posted out prior to the race, this will contain every-thing you need for the day. Runners do not need to register or sign on at the Race Hq

**START & FINISH:** The start & finish are a short walk from the main car park so please allow time to get to the start!

### **COURSE OVERVIEW:**

**START - Gradual downhill - 1KM - Downhill with a steep section - flattish section leading into first serious climb - 2KM - Continue climb - into long down hill section - 3KM - Continue long downhill section - begin to climb - 4KM - Gradual climb into steeper hill back to finish of lap (save something in the tank for this!) - 5KM - Complete another lap for 10KM runners**

**CAR PARKING:** Please use the main pay&display Forest Car Park. Please car share where possible.



**RACE WEBSITE: [www.city-runs.co.uk](http://www.city-runs.co.uk)**